POST-GAZETTE

(Formerly LA GAZZETTA del MASSACHUSETTS)

VOL. 118 - NO. 30

BOSTON, MASSACHUSETTS, JULY 25, 2014

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Celebrating Our Anniversary!



James V. Donnaruma - Founder Publisher - 1896 to 1953



Caesar L. Donnaruma Publisher - 1953 to 1971



Phyllis F. Donnaruma Publisher - 1971 to 1990



Pamela C. Donnaruma Publisher - 1990 to Present

As we celebrate our anniversary, we would like to thank our advertisers and subscribers for their loyalty throughout the years. We couldn't have come this far without you!

News Briefs

by Sal Giarratani

Obama as World Citizen

I am just finally realizing why so many of President Obama's critics have wondered about Obama's birthright. Was he born in Hawaii or was he born in Kenya? Back in his young college days, he reportedly seemed to have pretended to be a foreign exchange student, say many of his opponents. I personally think he was born in Hawaii despite all the craziness about his long-form birth certificate.

The only reason his birth place seems relevant to many is the fact that no other American president lived in so many places in and out of the country.

I have always said I am more concerned where he is taking us rather than where he was born. However, I must say no other president seems to dismiss his country so much rather than build-

(Continued on Page 3)

119 Years of Continuous Publication

One hundred and nineteen years ago, an Italian immigrant who arrived in Boston when he was only 16 years old saw the realization of his fondest dreams, to establish an Italian language newspaper that would be the genuine voice of the increasing flow of Italians to the United States. The boy was James V. Donnaruma, the newspaper was LA GAZZETTA DEL MASSACHUSETTS which is now published in English as the POST-GAZETTE.

He remained at the helm of this well-known publication until his demise in 1953 at which time his son, Caesar, took over the reins of running the now famous national weekly newspaper located in the North End of Boston. Caesar was loyally assisted by an ingenious wife, Phyllis, who assumed the role of publisher in 1971, as one the nations first Italo-American women publishers. Upon Phyllis' death in October 1990, their daughter, Pamela, continued the tradition as the third generation publisher of the POST-GAZETTE.

properly called, was very short in financial means but had a large vision, to give its readers a better and wider understanding between two countries. The so-called Italian Colony, or "La Colonia," had to face a complexity of problems and the GAZZETTA had to understand the slow and hard transition of men who, in most cases, had been engaged in agriculture in the home country. Here, they were to work in construction, factories and restaurants, eventually emerging as small storekeepers and finally the professionals, heads of business enterprises and eventually to become industrial leaders, heads of state, people to be respected by others.

If America was to some a bitter disappointment, to more it remained a great adventure and excitement. There were new ways to be learned as well as new institutions. There were speculators and exploiters to be fought, a "padrone" system needed to be destroyed.

The GAZZETTA, as it was roperly called, was very hort in financial means ut had a large vision, to ive its readers a better nd wider understanding etween two countries. The o-called Italian Colony, or There were churches to be built and above all, immigrants took advantage of America's free education while learning the process of citizenship. We devoted pages and pages to that very important mission!

The GAZZETTA became, in a way, a sort of guide, so to speak, the go-between that brought American political life to the Italian immigrant. Many times our people were sent unknowingly to work in places subject to a strike and were therefore exposed to physical violence on the part of strikers ... in time, the situation changed as they learned more about the new land of opportunity.

The Italian immigrant was a hard worker, a thrifty man, a family man. He had pride. As a family their goal was to build a future in America. The *GAZZETTA* stressed these virtues. We began to publish an all-English section which became a real forum, discussing many problems,

(Continued on Page 15)

Saint Rocco Procession 2014



Society of Saint Rocco members.
(Photo by Rosario Scabin, Ross Photography)

The annual Saint Rocco Procession, organized by the Society of Saint Rocco, took place along the streets of Boston's North End this past Sunday, July 20th. Devotees marched along with the Roma Band, Northeast Italian Band and Portuguese dancers from Rancho Folclorico de Peabody. Those present showered the Saint's statue with

rose petals and pinned their donations. Saint Roch or Rocco was born in 1348 in Montpelier, France and lived until August 1376/79. He was a confessor whose death is commemorated on August 16th; he is specially invoked against the plague. He may also be called Rock in English. He is a patron Saint of dogs and falsely accused people.

THE POST-GAZETTE SATELLITE OFFICE IS NOW OPEN AT 35 BENNINGTON STREET, EAST BOSTON

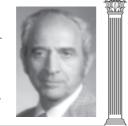
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Stirpe Nostra

by Prof. Edmund

A weekly column highlighting some of the more interesting aspects of our ancestry...our lineage...our roots.



MYTHOLOGY

as a collection of legends or fictitious stories of a race or nation. It's also the name given to the scientific study of such myths; the myth itself, of course, being a story relating to gods or heroes. Many myths are not entirely products of imagination; some of them are slightly related to fact. The fact could have been some natural phenomena from the past or even recurring events.

The Greeks seem to have been the most creative in the development of their myths. Their gods originally represented the powers of nature, while at the same time, each was limited to specific natural phenomena, such as fire, light, moon, war, love, rain, thunder, etc. Each of these were regarded as acts of specific gods, therefore a whole cycle of myths was developed. They believed that their gods were superhuman, but required the human necessities of life (food, drink, sleep, sex, etc.). It was also believed that they had the power over nature and humans, and that all good or evil came from them, consequently, their favor could be obtained by behavior which was pleasing to them, and lost by behavior which was displeasing. Although they had normal moral weaknesses, they also possessed immortality. Ancient writers connected all of the Greek gods by cre-

Mythology may be defined ating a complete family line which was presided over by Zeus.

To the ancient Romans, the gods remained as impersonal natural forces, and these gods did little to earn the affection of the people or to challenge their imagina-

The gods were favored but not loved; worshiped as a duty to the state in the same spirit as they paid their taxes. In addition to the gods of the sea, earth, sky, and lower world, they also had gods of thievery, lust, typhoid fever, etc. They even erected a great number of temples to various personifications or representations such as Concord, Honor, Valor, fidelity, Modesty, Hope, and Intelligence. During later years, their association with the Greeks made possible a systematic study of Greek mythology and its genealogy. It was then that close likenesses were identified; such as Zeus with Jupiter; Hera with Juno; Ares with Mars; Athena with Minerva, etc. During the coming weeks it will be my pleasure to present thumbnail sketches of many mythical gods and godesses, according to one of the most simplified genealogies that my research can produce.

NEXT ISSUE: A skeleton outline of Greek and Roman mythology

Happy Anniversary & Continued Success! **CARLO**



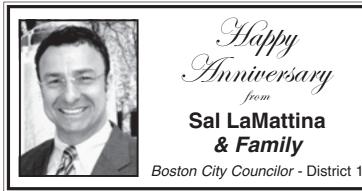


Happy 119th Anniversary

AARON

STATE REPRESENTATIVE **DISTRICT 3**





Res Publica

by David Trumbull



The Customer May Not Always be Right, but He is the Customer

Last week I wrote about Uber and Lyft, two relatively new car services that are making a big dent in the taxi business. The services are wildly popular with riders who, for years, have been stuck with not much alternative to broken down and wrecked taxis, driven by surly the air conditioning in the summer, pad the bill, refuse so engaged in their loud mobile phone conversations in foreign languages that they don't pay attention to the road and put the passengers at risk of serious injury.

Passengers see Uber and Lyft as the **solution** to poor quality taxi service. Local governments see Uber and Lyft as the **problem**. The People's Republic of Cambridge has tried repeatedly to ban Uber and Lyft. Cambridge is not alone in opposing giving riders the options they want. But, in city after city, the politicians have had to back down. They are learning that they cannot stand athwart history yelling STOP. The people want Uber and Lyft and will not tolerate elected and appointed officials abusing their offices to come to the aid of the old taxi monopoly.

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pany/municipal government and their symbiotic relationship, get pushed aside by the irresistible force that is People Power. People Power is being asserted elsewhere, in the current struggle over drivers who refuse to put on the future of the Market Basket chain of food stores.

The Greek drama that is to accept credit cards, and are the quarter-of-century-old **Demoulas** family feud over Demoulas started in Lowell in 1916 is worthy of a madefor-TV miniseries. The family lawsuit in the early 1990s over ownership nearly destroyed the business, but it survived, and indeed thrived.

> Market Basket customers love the store. We love the low prices. We love that end? I don't know. But howalthough it is a chain, the selections in store are tailored closely held, family-owned to the local community — the Methuen store abounds in

> It is, for me, exciting to Italian delicacies, the North watch a supposedly immov- Andover store serves the Syrable object, the taxi com- ian community, the Chelsea store is a little Latin America. The employees are extremely knowledgeable, helpful, and cheerful, making marketing a pleasant experience. As for the employees, they are well paid and treated with respect by management. Who needs a union when your boss makes you feel like a family? This model of low prices, great selections, and a happy staff control of the business that has worked, making the Athanasios and Efrosini Demoulas family one of the richest in the Boston area.

> > By now you have seen the news - massive walkouts of Market Basket employees, a widespread customer boycott, and rallies across the state demanding the reinstatement of Arthur T. Demoulas as CEO. How will it ever it ends, the board of this

> > > (Continued on Page 5)



Happy Anniversary

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Emanuel "Gus" Serra

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1896 to 1953

1953 to 1971

James V. Donnaruma Caesar L. Donnaruma Phyllis F. Donnaruma

Vol. 118 - No. 30

Friday, July 25, 2014

OUR POLICY: To help preserve the ideals and sacred traditions of this our adopted country the United States of America: To revere its laws and inspire others to respect and obey them: To strive unceasingly to quicken the public's sense of civic duty: In all ways to aid in making this country greater and better than we found it.

GUEST EDITORIALS

The "Southern Border" of Lynn?

by Sal Giarratani

On Tuesday of this week, pro-immigration advocates and supporters in the City of Lynn held a protest march to bash Lynn Mayor Judy Kennedy for saying enough is enough when it comes to the feds exporting illegal immigrants from our southern border in south Texas across the country to willing Deval Patrick and unwilling state governors.

Recently, Lynn's mayor stated her concerns over the costs of taking in many of those unaccompanied children which would have a financial impact on city resources such as public education. For stating the obvious, advocates of immigration reform, a.k.a. pro-open border people marched in the streets of Lynn this week.

However, there will also be a rally at the State House on Saturday morning at 11:00 am dubbed the "Anti-Illegal Invasion Rally" organized by Kuhner Country's Jeff Kuhner of WRKO Radio.

Good news out of Texas too. Governor Rick Perry called out the Texas National Guard to assist with border security in that state at the border.

Nazzaro Center a North End Gem

by Sal Giarratani

Many neighborhoods are not nearly as lucky as Boston's North End when it comes to youth programs. North Enders know that our children are our future and it is our generation that must prepare young people to grow up with the values and skills necessary to keep the North End community a growing and thriving neighborhood.

Here in the North End, we have many community activists who volunteer their time and efforts to ensure that there are programs available for our children to know what it takes to grow up with the right stuff.

Folks like John Romano, a.k.a. JR at North End Against Drugs, folks like Dominic Campochiaro at the North End Athletic Association and folks like Carl Ameno at the Center itself and many, many more are such community leaders.

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Invitation to

Fr. Claude's Birthday Celebration

It is my privilege and honor to invite all of you to attend a Mass of Thanksgiving at 5:00 pm on Saturday, July 26th followed by a reception in the Church Hall.

The occasion is the 80th Birthday of our beloved Fr. Claude Scrima. Let me take this occasion to congratulate him and to express my deep gratitude for the considerable amount of work that he still performs on behalf of our parish.

Fr. Claude was ordained a Franciscan tion we wish to express our gratitude to God priest in 1961 and ever since he has always been active in several ministries. After dedicating his early years to teaching in high schools staffed by Franciscans and our minor seminary in Andover, he moved to



chaplaincy and parochial ministry. He also dedicated a few years of his life to the Secular Franciscan Order helping to establish a provincial office at Andover, Massachusetts. He has been an acclaimed retreat master and a preacher of missions in parishes within and outside the Archdiocese of Boston.

You and I are here to witness how fruitful his apostolate has been and continues to be. By attending Mass and the recep-

for all Fr. Claude has accomplished so far in the vineyard of the Lord and offer our prayers for a long and ever fruitful life. Ad Multos Annos!

Yours in Christ, Fr. Antonio

• News Briefs (Continued from Page 1)

We should be part of our history. It isn't perfect but check it out against other world nations and we look pretty good.

He comes along sounding detached from his national origin. He views the world as a whole. Is he just a world citizen? Is everything global to him? Recently, he compared the United States to France, saying if France can do it, why can't we? Why should we be following France's lead on anything? Why must we be a follower than a leader?

Whatever Happened to Federalism?

Are the states under our

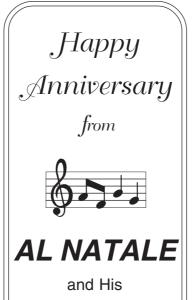
ing it up. We are America. federal Constitution covered from being used by the feds to unload their problems onto individual states and communities? What happened to the concept of federalism where the states had protection from an overbearing federal government?

Recently, the feds took two plane-loads of illegals from our southern border to Hanscom Air Field where they were reportedly bused to nearby communities for housing needs. I heard Lynn got some of them. Will places like Cambridge, Newton, Wellesley and Hingham be getting any of these illegals or do these illegals

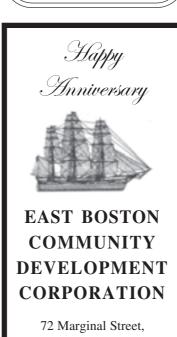
go to poorer communities only?

Down in Lawrenceville, Virginia, the feds tried dumping illegals and folks went ballistic and said no way Jose. Supporters of this dumping tried using guilt at opponents but it didn't work. More communities must stand up like the Town of Lawrenceville and say NO. I say put them on in Washington, DC, That city is already gone anyway.

Better still, build a secure border and keep them out and don't let them in to begin with. Passing them out around the country like candy shows just how bad things are at the moment.



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MEDFORD

Happy Anniversary to the Post-Gazette from the Privitera Family





SESAME STREET: MONSTER MANNERS (DVD) Warner Bros. Home Ent.

Minding one's manners is something learned by children, and who better to teach that trait, than the characters from Sesame Street? Check out the success Cookie Monster has when trying to control himself around cookies, long enough to join the prestigious Cookie Connoisseurs Club. Then TV host Johnny Gotcha (Tom Bergeron) uses hidden cameras to catch bad manners on Sesame Street — but are there any? Plus, Cookie and Prairie Dawn demonstrate manners in brand new segments! Be polite, thank you!

MIDRANGE (DVD) Cinedigm Fresh off a stellar collegiate basketball career, aspiring professional basketball star, Damon Sharp, returns to his hometown Chicago and quickly discovers former life and old bad habits abruptly challenge his newfound faith in God. He faces circling demons of his past, which are being beckoned by his brother Darrin, already on a fast track to jail. Temptation gets the better of Damon, weakness takes root and he spirals downward. The two brothers are suddenly forced to re-examine their lives, loyalty, love and their own limitations. Finally, the choices they make reveal their true character when one of them takes a shot in life that will set the course for everyone's life forever. A second shot chance for both!

ALAN PARTRIDGE (Blu-ray) Magnolia Home Ent.

Steve Coogan reprises his most popular role as the iconic Alan Partridge, the famous local radio DJ and one time talk show host. Alan finds himself at the center of a siege when a disgruntled fellow DJ (Colm Meaney) decides to hold their station hostage after learning he's getting fired by the new management. Comedy relief!

TIM'S VERMEER (Blu-ray+DVD) Sony Pictures Home Ent.

Tim Jenison, a Texas-based inventor, attempts to solve one of the greatest mysteries in all art: How did Dutch master, Johannes Vermeer, manage to paint to photo-realistically 150 years before the invention of photography? Spanning a decade, Jenison's adventure takes him to Holland, on a pilgrimage to the North coast of Yorkshire to meet artist David Hockney, and even to Buckingham Palace. The epic research project Jenison embarks on is as extraordinary as what he discovers.

THE SECRET LIVES OF DORKS (DVD) Cinedigm

Payton (Gaelan Connell) is a pathetic dork, a comic book geek whose high school career is one hopeless faux pas after another. Yet, he's a dreamer and madly in love with the head cheerleader Carrie (Riley Voelkel), whom he is determined to win over. But she is wise to his desperate advances, so to get off his radar she creates a plan to push him into the arms of a dorkette named Samantha (Vanessa Marano). A not so simple formula that could end in disaster!

B.B. KING: THE LIFE OF RILEY (Blu-ray+DVD) MVD Ent.

This is a documentary film based on the extraordinary life of Blues legend B.B. King. At 88 years old, King, his family, friends and contemporaries unveil the true-life drama that was the springboard for the future 'King of the Blues.' Both the DVD and Blu-ray release features live footage from the Royal Albert Hall, and includes special guests Ronnie Wood, Susan Tedeschi, Derek Trucks, Mick Hucknell and Slash. A candid biopic of the life story of a

JOURNEY TO THE WEST (Blu-ray) Magnolia Home Ent.

In a world plagued by demons who cause great human suffering, young demon hunter Xuan Zang risks his all to conquer a water demon, a pig demon and the demon of all demons, Sun Wukong. Adhering to his firm belief in giving of one's self for the greater cause, he embraces the demons as his disciples. But, in order to atone for their sins and save the common people, the four of them must embark on a journey to the West that is full of challenges.

POWER RANGERS MEGAFORCE: ULTRA DEFENDERS (Blu-ray) Lionsgate Home Ent.

When a powerful weapon called the Aurora Box gives mutants Bluefur, Bigs and new dream-eating monster Dream Snatcher one hundred times their normal strength, it's up to Troy, Noah, Emma, Gia and Jake to stop their destructive rampage! And when evil robots Metal Alice and Rotox attack, the Power Rangers must rely on Robo Knight and new ally, Rico the Robot, to prove that humans and robots can work together.

Happy Anniversary



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The time has come, the walrus said.

TO TALK OF MANY THINGS

of shoes and ships and sealing wax of cabbages and kings

by Sal Giarratani

RECENT COURT POT RULING

Many in law enforcement seem quite upset over a recent Supreme Judicial Court ruling in the Bay State that says an officer catching a whiff of unburnt weed does not have cause to search a vehicle but the other side of the argument says, it is a victory for civil liberties.

"How is it any different from stopping someone with an odor of alcohol on their breath?" asked Wayne Simpson, executive director of the Mass. Chiefs of Police Association. "The same principle should apply." Bristol County Sheriff Tom Hodgson added, "Rulings like this do nothing but handcuff the good guys."

The Court ruling stated that police officers can't reach probable cause levels to search a vehicle because recognizing the smell of marijuana alone can't tell whether the amount being detected is an illegal amount by smell alone.

I do agree with those groups like NORML that law enforcement could use the odor of weed as an excuse to violate the Fourth Amendment.

The Fourth Amendment wasn't placed inside the top ten Bill of Rights protection by accident. The ruling was a good one and I fully support

LION KING IS ROARING BACK TO BOSTON

The Lion King, the world's number one musical presented by Disney is heading back to Boston from September 9th to October 12th at the Boston Opera House. For more information, go to lionking.com or call 866-870-2717.

ANNIE IS RETURNING TOO

The Tony Award winning Annie is headed to the Citi Wang from November 5th to November 16th. Check out citicenter.org.

DAWN OF THE PLANET OF THE APES

It just dawned on me that Hollywood thinks that movie goers can't get enough of watching apes put humans to shame. Over the past decade or so they have brought back new movies on the old Planet of the Apes series from back in the late Sixties. The original movie series showing the comparison between man and ape were more like parables on war and race relations told through some fictional adventure movie.

The original series some 45 years ago came a few years after the Civil Rights Act was signed into law and while the Vietnam War was happening 6,000 miles away and being debated here in

Happy Anniversary

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Talking politics with their morning coffee are, (L-R): John Broussard and Tony Rosanno from Austin.

America. Most movie reviewers have panned this latest Ape movie as a waste of a movie ticket price. I haven't seen it or even desire to keep it. I am not going ape over this latest Ape movie.

Check out the cheap pump prices down in Austin on this display outside the H.E.B. Supermarket. Prices are a good 20-25 cents cheaper.



Happy 119th Anniversary



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2014 NORTH END FESTIVAL DIRECTORY

AUGUST

ST. AGRIPPINA July 31, August 1, 2, 3

Hanover & Battery Sts. Sunday Procession

1 pm

MADONNA DELLA CAVA August 8, 9, 10

Hanover & Battery Sts. Sunday Procession

1 pm

MADONNA del SOCCORSO August 14, 15, 16, 17 North, Fleet & Lewis Sts. (Fisherman's)

Sunday Procession

1 pm ST. ANTHONY August 29, 30, 31

Endicott & Thacher Sts. Sunday Procession

12 pm

ST. LUCY September 1 Monday Procession - Endicott St. 3 pm

SEPTEMBER

OCTOBER

ST. ROSALIE

September 7 1 pm

Procession Only - North Square

ST. JOSEPH'S FEAST

Sunday Procession

October 3, 4, 5

Hanover Street

1 pm

MORE ITALIAN FESTIVALS

Malden, MA

SAINT ROCCO FESTIVAL

August 8, 9, 10

1 pm

Pearl Street

Sunday Procession

Lawrence, MA

FEAST OF THE THREE SAINTS August 29, 30, 31

Saints Alfio, Filadelfo and Cirino Common & Union St., Lawrence

Sunday Procession 3 pm

Cambridge Festival

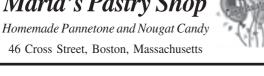
SS COSMAS AND DAMIAN September 6, 7

Warren and Cambridge St., Cambridge

Sunday Procession 1 pm

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Maria's Pastry Shop



Happy Anniversary

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Freeway Says ...

You can email your questions to postgazette@aol.com to the attention of Freeway. Don't forget folks, Freeway is not a vet, so please keep the questions light-hearted! Thanks.

"Chilling out" as the weather kicks it up a notch; the natural tendency can be to get everyone up and out of the house, pets included. While spending more time outdoors can be a great source of exercise and fun for all involved, it's essential to be wary of heat exhaustion in your animals.

1. There are two major reasons pets get overheated, hyperthermia and their upper respiratory system. Hyperthermia occurs when animals are trapped in an environment (like a cat on the beach on a hot day) that overwhelms their ability to cool themselves. Pets with compromised upper airways, like bulldogs, or an acquired condition like paralysis of the larynx have more difficulty removing heat in their bodies through panting. These animals often find that, in attempting to cool themselves, they generate more heat through exertion and can fall victim to heat stroke. Symptoms of heat exhaustion include excessive panting or labored breathing, increased heart and respiratory rate, drooling and mild weakness. More severe symptoms can include seizures, bloody diarrhea and vomiting and a body temperature of over 104 degrees Fahrenheit.

2. Beat the Sun: pets are smarter than we give them credit for, and prefer staying at home and laying on cool surfaces (like a tiled kitchen floor) in the heat of the day. Save your outdoor time with your pet for early in the morning or in the evening once the sun has set. By taking your daily walk, run or visit to the park either before or after the sun is at its hottest, the air will be easier for your pet to breathe and the ground will be cooler on the pads of their

3. Find Some Shade: if you do find yourself out in midday with your pet, make sure you keep them out of direct sunlight or give them a shady place to get out of the sun. Remember, your pets don't wear shoes, so the pads of their paws can be burned walking across particularly

HappyAnniversary



Italia Unita, Inc.

"Promoting Italian culture and the preservation of Italian heritage."

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Home: the classic mistake for owners is leaving a pet in a closed car on a sunny warm It's solar heating that's the culprit, so you can face serious risks even on a comfortable day. The takeaway? As much as your pet may love riding in the car or spending time with you, if it's hot out and there's a chance they'll home. Panting takes more exertion than sweating and can bring your pet to respiratory distress faster than you think. Avoid any potential issue by keeping them safe and cool at home.

Hydration: in addition to down. In reality, the layers of overheating, pets can get your pet's coat help to protect dehydrated quickly, so you'll want to make plenty of fresh, clean water available to is perfectly okay, according to them. Panting is effective in the ASPCA, but it's unnecesbecause it helps evaporate fluids from the respiratory tract. Help replace these move loose fur can also prefluids and prevent dehydration by leaving out water or water alternatives throughout the day, particularly when my pooch friends. your pet has spent time out-

hot sand or asphalt. If it's side in the heat. Water extremely warm, keep them alternatives are especially indoors as much as possible. great for pets since they re-4. Leave Fluffy and Fido at plenish electrolytes and taste great.

6. Be Mindful of Certain Breed Conditions: if your pet day when the temperature in is brachycephalic or has a flat your car can rapidly climb to shaped face like pugs, Peover 140 degrees Fahrenheit. kingese, Boston terriers and Persian cats they cannot pant as effectively and are more susceptible to heat stroke. Be especially careful with breeds like these in hot weather and keep plenty of water on hand. The ASPCA advises that pets which are be uncomfortable the best elderly, overweight and have thing to do is leave them heart or lung disease should be kept in air-conditioned rooms as much as possible in the heat.

7. To Trim or Not to Trim: many pet owners, especially cat parents, incorrectly think that shaving their animals in 5. Hydration, Hydration, the heat will help cool them them from overheating and sunburn. Trimming long hair allowing animals to cool down sary to do anything else for cooling purposes. Brushing your cat more often to help revent overheating.

I hope this article will help you beat the heat especially for

That's all for now ...





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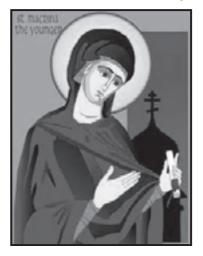
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Saint Macrina the Younger

by Bennett Molinari and Richard Molinari



Saint Macrina was born in Cappadocia (a region of

beginning of the fourth century. She was the sister of Saints Basil the Great and Gregory of Nyssa. Macrina's mother, Saint Emilia, guided her upbringing and education. She taught her reading and writing and the Scriptural books and Psalms of David, selecting examples from the sacred books which spoke of a pious and God-pleasing life. St Emilia taught her daughter to pray and to attend church services. Macrina was also taught the proper knowledge of domestic life and various

present Turkey) at the handicrafts. She was never left idle

> Macrina, at the age of twelve, was betrothed by her parents to a young man from a prominent family but her fiancé died before the wedding. Many young men sought marriage with her, but she refused them all having chosen to dedicate the rest of her life to God and not wanting to be unfaithful to the memory of her dead fiancé. St Macrina lived in the home of her parents, together with the servants; she helped manage the family estate and helped with the upbringing of her younger brothers and sisters.

> On the death of their father, her brother Basil took Macrina, with their mother, to a family estate on the River Iris, in Pontus. Here, with their servants and other companions they led a life of retirement from the world consecrating themselves to God. Strict asceticism, zealous meditation on the truths of Christianity, and prayer were the chief concerns of this community. Not only the brothers of St. Macrina, but also St. Gregory of Nazianzus and Eustathius of Sebaste were associated with their community. Having taken monastic vows, they lived together as one family, they

> > (Continued on Page 14)



ALL THAT ZAZZ

by Mary N. DiZazzo



Ciao Bella,

These days I've been finding myself traveling by plane quite frequently. Not an easy task when preparing not to check a bag. I lost one set of luggage once on Christmas Eve in Miami and had to find a department store that carried my plus size! Burdick's was similar to Jordan Marsh and I shopped there frequently when I lived in Florida for a stint. Well there were no bathing suits

to be bought, the salesgirl told me since it was winter there were none in stock! I creatively made due with a sleeveless swing, lovely black top and black underwear. I did find clothes for the Christmas Eve party and charged it all to the airlines! All I wanted for Christmas that year was my suitcase! It arrived on Christmas Day. I have never checked a bag again!

I do enjoy packing all my fav clothes and accessories after all I usually go on a shopping spree just before a trip. However packing your toiletries these days with all the TSA rules is a chore not to be ignored. Here are some

tips for a relaxed checkpoint and flight;

1) Remember TSA's 3-1-1 rule. To be taken in a carryon bag, all liquids, gels and aerosols must be in 3.4 ounce or smaller containers that fit in a 1 sealed quart size ziplock plastic bag, with only 1

bag per passenger. 2) Pack your liquids, gels and aerosols separate from other toiletries.

3) Pack oversize liquids in your checked bag.

4) You don't have to throw it away, in case you find yourself with an expensive jar of face cream at checkpoint there are kiosks in many airports where you can mail it home or leave checkpoint to find a store that has a smaller container to be placed in your zip-lock bag. Best idea is to purchase regulated 3.4 ounce empty containers at your local beauty store or pharmacy.

I usually will try a very good sample brand of skin care along with my Kosmea Rose Hip Oil (meets TSA Rules) and tuck it in the zip-lock

(Continued on Page 14)

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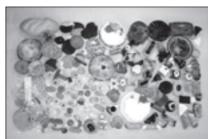
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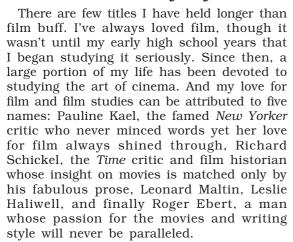
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THOUGHTS BY DAN **ABOUT THIS & THAT**

with Daniel A. DiCenso

The Life of a Film Scholar



But, as with most of my interests, my love for cinema was first sparked by my parents. My mother took me to my first movie when I was very young, despite her friends warning her that I was too young to appreciate it. My mother must have sensed the film aficionado waiting to form in me and took me anyway to see Disney's Song of the South, rereleased in theaters for its 40th anniversary. Memories of my first trip to the movies are obviously hazy, but I do have vivid memories of it. I remember Uncle Remus singing "Zip-a-dee-doo-dah" and the animated sequences, and the climax where the little boy is gored by the bull. I was hooked on cinema then and the magic of the movies has never worn off.

Later years brought more movie going experiences, but my interest in film as a course of study grew. I began devouring books on the subject ranging from works about the silent comics to Kael's 5001 Nights at the Movies. Film-going as a mere source of entertainment was a thing of the past for me. I began watching film the way a naturalist watches an animal or a psychologist

watches their patients. I watch film to observe how it works, why it works, and where it fails. And to this day, whether I love or hate a particular film, I know that there is always more to it than what appears on the screen and the reasons for my response may be just as elusive. That is both the challenge and the most rewarding aspect of being a film scholar, understanding movies beyond the surface.

I have seen between 3,000 and 4,000 films and I show no signs of stopping. Quite the opposite, in fact. I've turned my greatest passion to a long project and I'm assembling my essays on the different films I've seen into what will hopefully become my first book, which I hope will be not only a seminal work for film scholars and lovers alike, but also a testament to my own love for the medium. I still have quite some ways to go with that, but I'm not discouraged, because it means doing more of what I love, exploring the art of cinema by discovering more films and applying them through a critical analysis.

As my taste in movies has evolved so has my knowledge of film history and mechanisms. Additionally, I've added more names to the list of film scholars I admire, including David Thomson and Jonathan Rosenbaum.

If getting to the core of why a film works or fails is the most challenging aspect of film studies the most enjoyable part is the discoveries and surprises film holds for the curious. As an art form that has spread on a global scale, encompassing talent from around the world, an entire lifespan could easily be spent discovering its many treasures. Film is, after all, an ever evolving art and watching it change both for the better and the worse changes you as the scholar. Film, at its best, touches us in deeply personal ways. Understanding those ways brings us to a better understanding of ourselves.

• Res Publica (Continued from Page 2)

in response to a spontaneous will mark the 30-year the lesson that there is outburst of People Power.

I have not seen any-

business will be forced to act it in some time. Next year too, a corporate board learnt anniversary of the Coca-Cola Company's disastrous

someone more powerful than the stockholder; that is the Customer.

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HAPPY 119th ANNIVERSARY

• **Hoops & Hockey** (Continued from Page 16)

goalie. Islanders GM Garth 61-point producer) and Shawn Snow, a former NHL and Uni- Thornton. versity of Maine netminder, That's a way of saying that

saw what he liked in the B's will be different when Johnson and signed him up they take the ice come fall. right away on July 1st —the They may not be as strong as first day a deal could be done. last year. On about one third No one can predict the fu- of the nights it'll be Svedberg ture but we feel that there in the crease as the last line will be some nights this win- of defense. Let's hope he and ter when the Bruins wish those in front of him are up they had Johnson back. He to the task. Otherwise, the was the perfect backup for possibility of the Bruins en-Rask and his departure fur-tering next spring's Stanley ther depletes the ranks of Cup playoffs without the the B's, a team that also home ice advantage through won't have Jarome Iginla (a every round looms large.

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The North End Athletic Association is a 54-year-old organization which provides athletic, social, educational and civic activities within the community and the City of Boston.

For further information, please contact Louis Cavagnaro at 617-523-7410



Miss Massachusetts and Miss Teen Central Mass pose with young aspiring crown holders and share a few tips on pageant competitions at the organizations meet and greet at the Revere Hotel this past week.

(Photo by Angela Cornacchio)

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Socia

A Night of Music Celebrat-

ing Reggae ... On Wednesday, July 30th the Beat Hotel,

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entertainment at its first

ever Reggae Legends Trib-

ute. The Scotch Bonnet Band

will keep guests jamming

with classics from the iconic

Jamaican artists including a

special set dedicated to Peter

Socially Scene Reviewed

... This past weekend the Miss Central Massachusetts Pageant held a meet and greet at Emerald lounge in the Revere Hotel.

Iva Nicole, Miss Central Massachusetts pageant coordinator put together a "mix and mingle." Photographers, pageant organizers, family members and contestants were able to get to know each other and make memories before next Sunday's pageant in Worcester.

The gathering gave the opportunity for guests to find out a little more about how the pageant works behind the scenes as they were able to sit in on the review and rules for the breakdown on the big

There was plenty of entertainment in attendance with Miss Massachusetts. Miss Teen Central Massachusetts. Miss Rhode Island Belleza Latina and the current Miss Central Massachusetts all giving the future of beauty pointers from their own personal experiences. The evening even brought on site a little shopping with "Jewelinga" unique jewelry made by Inga Puzikov.

The Miss Central Massa-

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chusetts took place on Friday

July 18th at Mechanics Hall

located at 321 Main Street,

Worcester. The evening be-

gan with a 6:00 pm cocktail

reception that was open to

the public. The pageant show-

cased contestant talent and

reigning Queen Scarlette

Florian began the program by

singing the national anthem

followed by the Teen and

Ms. Teen competition before

leading into the main event

of Miss Central Massachu-

setts competition. To find out

whom our new 2014 Miss

their

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Central Massachusetts is Tosh's entire classic album website Equal Rights played in www.misscentralmass.com. sequence. Happy Anniversary

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illy Scene

Angela Cornacchio

Known as the world ambassadors for reggae music, Jimmy Cliff, Bob Marley and Peter Tosh were born on the Caribbean island of Jamaica. With his characteristic "universal outlook on life," Jimmy Cliff is best recognized for top hits such as "Wonderful World, Beautiful People," "Many Rivers to Cross" and "The Harder They

Come." He is the only living musician to hold the Order of Merit, the highest arts and sciences honor granted by the Jamaican government.

One of the world's bestselling artists of all time, Bob Marley forged international fame for infusing his music with a profound sense of spirituality. His career started in 1963 with the

group The Wailers. After The Wailers disbanded, he pursued a solo career that culminated with the release of Exodus, which brought him unparalleled acclaim. With classics such as "Roots, Rock, Reggae," "Jammin" and "Is This Love," Marley continues entertain audiences worldwide. Another famous member of The Wailers, Peter Tosh revolutionized the reggae scene with controversial recordings such as "Legalize It," "Coming in Hot" and "Equal Rights." His career culminated with a Grammy Award for Best Reggae Performance.

The Scotch Bonnet Band is no stranger to the reggae genre. Having backed and shared the stage with legends including Toots Hibbert, Third World, Bob Andy, Congos and more, they will bring years of expertise to the Beat Hôtel stage. Led by

(Continued on Page 13)

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(Photo by examiner.com)



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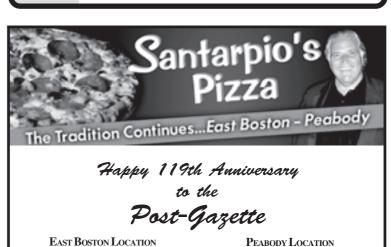
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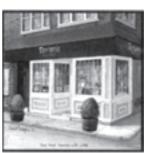


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it, this is about keeping faith with the idea of America. Because America is an idea, isn't it? I mean, Ireland's a great country, but it's not an idea. Great Britain is a great country, but it's not an idea. That's how we see you around the world ... as one of the greatest ideas in human history. Right up there with the Renaissance ... right up there with crop rotation ... the Beatles' White Album ... That idea, the American idea ... is that you and me are created equal ... It will ensure that an

L'Anno Bello: A Year in Italian Folklore

> by Ally Di Censo Symynkywicz

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"... when it comes down to economic recession need not become an equality

The idea that life is not meant to be endured, but enjoyed. The idea that we have dignity ... if we have justice ... then leave it to us, we can do the rest."

> Bono, U2 lead singer at Georgetown University, November 2012

Filmmaker Dinesh D'Souza is back again with another great political documentary entitled, "America: Imagine a World Without it" based on his book by the same name. Hollywood is quite liberal but the American people are mostly not. His previous "2016: Obama's America" documentary was the second highest grossing political documentary going back to the early '80s. "America" his latest movie is put together like a love letter by D'Souza to his adopted country. This conservative filmmaker had to go around the Hollywood elites at great expense to write, direct and produce a high quality motion picture to explain what makes America tick and he had to do the heavy lifting to get this picture out across the country starting this past July 2nd.

The drive-by nothing to see liberal news media compares him to Michael Moore but D'Souza is far more up there with Oliver Stone or Stephen Spielberg as far as crafting a storyline and grabbing an audience.

Will "America" end up with the same kind of theatrical success will solely depend on movie goers across the country tired of all the liberal claptrap out there. Recently, it was reported that Costco pulled D'Souza's America from its book racks. The retail giant says it wasn't a political decision but one must remember that its founder and former CEO is one of Obama's.

The book — now a movie - is now number one on Amazon. Costco can sell whatever books it wishes but let us hope no White House arm-twisting was used to pull the book off the shelves. I am glad the book is back for sale at Costco and now Americans can get it again. As for the movie, you have to search for it but it is worth every minute of this D'Souza's film.

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MUSIC

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KATY PERRY — August 1-2. International superstar, Katy Perry, will kick off the North American leg of her highly anticipated Prismatic World Tour on June 22nd. The tour arrives at Boston's TD Garden on August 1st with a second show on August 2nd. The 46-city tour is presented by Goldenvoice, a division of AEG Live. She will be touring in support of PRISM, which debuted at number one

Place. Visit www.MusicNotNoise.com.

on The Billboard 200 and remains in the Top Ten three months after release. The platinum album has given Katy her biggest ever single with "Roar," while "Dark Horse" just became her lucky 13th Top Ten hit on The Billboard Hot 100. Capital Cities, Kacey Musgraves and Tegan and Sara will open for Katy in different markets during the tour. "The Prismatic World Tour is coming to light up some of my favorite North American cities this summer," said Katy. "This colorful show will bring you all the songs you know as well as ones from my new album, PRISM. I'm so excited that I got to hand-select some of my favorite artists to join me.'

ITALIAN RADIO PROGRAMS

"The Sicilian Corner" — 10:00 am to Noon every Friday with hosts Tom Zappala and Mike Lomazzo and "The Italian Show" with Nunzio DiMarca every Sunday from 9:00 am to Noon. Go to www.1110wccmam.com.

"Italia Oggi" — Sundays 11:00 am to Noon with host Andrea Urdi 1460 AM. Go to www.1460WXBR.com.

"Dolce Vita Radio" — DJ RocGardarco Mesiti 11:00 am-1:00 pm; Sundays 90.7 FM or online www.djrocco.com.

"The Nick Franciosa Show" — Sundays from Noon to 3:00 pm on WLYN 1360 AM and WAZN 1470 AM.

"Guido Oliva Italian Hour" — 8:00 am-9:00 am Sundays on WSRO 650 AM and online at www.wsro.com.

"Tony's Place" on MusicAmerica WPLM FM 99.1 — Sundays 9:00 pm-10:00 pm on MusicAmerica. Host Ron Della Chiesa presents Tony's

"L'Italia Chiamo Italian Radio Show" hosted by Stefano Marchese and Emanuele Capoano — Thursdays 2:00 pm-4:00 pm. Visit www.zumix.org/radio or litaliachiamo.wordpress.com; email:



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THEATER

BOSTON OPERA HOUSE 539 Washington Street, Boston 617-259-3400

www. Boston Opera House On line. com.

THE LION KING — September 9-October 12. Experience the phenomenon. The most eagerly awaited stage production ever will leap onto the stage. Visually stunning, technically astounding and with a musical score like none other you've ever heard. Giraffes strut, birds swoop, gazelles leap. The entire savannah comes to life and as the music soars, Pride Rock slowly emerges from the mist. See the Tony Award-winning Broadway sensation that Newsweek calls "a landmark event in entertainment." The New York Times says, "There is simply nothing else like it." Marvel at the breathtaking spectacle of animals brought to life by a cast of more than 40 actors. Wonder at the inspiration of award-winning director Julie Taymor, who created visual images for this show that you'll remember forever. Thrill to the pulsating rhythms of the African Pridelands.

REAGLE MUSIC THEATER 617 Lexington Street, Waltham 781-891-5600

www.ReagleMusicTheater.org

SINGIN' IN THE RAIN — August 7-17. Experience all the glitz and glamour of Hollywood's golden age: It's 1927, and Don Lockwood and Lina LaMont are the toast of the town until "talkies" come on the scene. Furthermore, Don's romance with the lovely and talented Kathy Selden only complicates things further. The result? Big romance, big song and dance numbers, and a big, splashy Hollywood ending - and it really rains on stage! What a glorious feeling, indeed! This audience favorite returns to Reagle by popular demand, featuring all the classic songs from the 1952 film, including: "Good Morning," "Make 'Em "Moses Supposes," "Fit As A Fiddle," and "Singin' in the Rain.'

COMEDY

REGENT THEATRE 7 Medford Street, Arlington 781-646-4849

www.RegentTheatre.com MORT SAHL LIVE: AN EVENING WITH A COMEDY LEGEND - August 22 and August 24. Crowned as leading the new breed of modern comedians by Time magazine in 1960, Mort Sahl was the first entertainer ever to appear on its cover. Before comedy clubs existed, Sahl began performing at the Hungry I music club in San Francisco in the early 1950s. He differed from other comedians, appearing in casual clothing rather than a suit, skewering popular politicians such as Eisenhower, Joe McCarthy and JFK. Sahl's approach is energetic, tangential, and deep and wide in both social and political scopes, inspiring Woody Allen, George Carlin and countless other comedians. A 1955 performance with Dave Brubeck was recorded and released (without Sahl's permission), selling as Mort Sahl At Sunset, and recently recognized by the Library of Congress as the first stand-up comedy record album. When Kennedy was assassinated in 1963, Sahl regularly targeted the government's official Warren tines, resulting in the loss of much of Hollywood's support, while maintaining audience popularity with college tours and a best-selling book, Heart-

WILBUR THEATRE 246 Tremont Street, Boston 617-248-9700

ning sixty years.

land. Sahl is the longest active performing American social satirist, span-

www.TheWilburTheatre.com **#NOFILTER** — August 15.

YouTube's punniest women are putting on a live comedy show! Will Grace comment on comments? Will Hannah cook? Will Mamrie already be passed out by 4? Who knows! No editing, no censors, #NOFILTER. Starring Grace Helbig, Hannah Hart, and Mamrie Hart! Effervescent comedian Hannah Hart is the creator and star of "My Drunk Kitchen", a web series about libation and liberty in the state of post-modern America. Grace Helbig is a comedian, actress and video blogger. She's the creator and star of the IAWTV and Streamy award winning web series "DailyGrace" with over a million subscribers. Mamrie Hart is comedic writer and performer living in Brooklyn, NY. Originally from a one

stop light town in North Carolina, she can now be found being ridiculous on the internet

CASINO BALLROOM 169 Ocean Boulevard Hampton Beach, NH www.CasinoBallroom.com

BILL COSBY — August 16. Over the past century, few entertainers have achieved the legendary status of William H. Cosby Jr. His successes span five decades and virtually all media, remarkable accomplishments for a kid who emerged from humble beginnings in a Philly project. In the 1960s, his stand-up act was a coastto-coast sensation.

MUSEUMS

MUSEUM OF SCIENCE 1 Science Park, Boston, MA 617-723-2500 www.MOS.org

PANDAS: THE JOURNEY HOME — Pandas are a lovable, iconic, and unfortunately, highly endangered species. In Pandas: The Journey Home, meet the dedicated team working tirelessly to save these captivating creatures from extinction. Filmmakers were granted unprecedented access to the China Conservation and Research Center for the Giant Panda to tell the story of our furry friends. The pandas' fascinating habits and unique personalities will leave you with a huge appreciation for the animals and the individuals working to protect them. Witness an incredible story of survival and fall in love with these black and white

gentle giants.

JOURNEY TO THE SOUTH PACIFIC — Narrated by Academy Award-winner Cate Blanchett, Journey to the South Pacific takes filmgoers on a breathtaking IMAX adventure to the lush tropical islands of remote West Papua, where life flourishes above and below sea level. Join Jawi. a young islander, on a journey of discovery as you encounter whale sharks, sea turtles, manta rays, and other iconic creatures of the deep. Home to more than 2.000 species of aquatic life, this exotic locale features the most diverse marine ecosystem on Earth.An uplifting story of hope and celebration, Journey to the South Pacific highlights the importance of living in balance with the ocean planet we all call home.

SPECIAL EVENTS

FRANKLIN PARK PLAYSTEAD Pierpont Road, Boston

ELMA LEWIS PLAYHOUSE IN THE PARK — Tuesday, July 29th at 6pm with Ashanti & Sistah Soul. You'll love their oldies and dance tunes. National Night Out DJ Dance Party in Franklin Park - Tuesday, August 5 at 6pm with Brother Charles Clemons from TOUCH 106 FM and Nomadik will be the DJs. Get ready to dance!

ROSE KENNEDY GREENWAY Boston, MA 617-292-0020

FIGMENT BOSTON — July 26. FIGMENT is a free, inclusive, participatory arts event held in multiple cities and drawing tens of thousands of participants each year. FIGMENT's mission is to offer free, family-friendly and participatory art to entire communities. The event removes the barriers of museum and gallery walls and entrance fees, blurring the lines between those who create and those who enjoy art. FIGMENT Boston takes place in the park along the Rose Kennedy Greenway, and is accessible from the MBTA.

CITY HALL PLAZA 1 Congress Street, Boston

 ${f GOSPELFEST}-{f August}$ 10. One of New England's most popular Gospel celebrations, this free gospel showcase features local and national talent. Past performers include Dottie Peoples, Kirk Franklin, and Karen Clark Sheard. Gospelfest is in its 14th year.

HATCH SHELL, ESPLANADE **Boston**

FREE CONCERTS WITH BOSTON LANDMARKS ORCHESTRA Through August 27. Made up of some of Boston's most accomplished musicians, the orchestra presents free concerts at the DCR's Hatch Shell along the Esplanade adjacent to the Charles River. The concerts usually start at 7:00 pm. By nightfall, the Esplanade paths and knolls surrounding the the shell are full of happy concert-goers. The acoustics are great at

LOWELL CENTER 375 Merrimack Street, Lowell www.LowellFolkFestival.org

this fun family-friendly event.

LOWELL FOLK FESTIVAL — July 25-27. The 28th Annual Lowell Folk Festival features five stages of traditional music, authentic crafts demonstrations, ethnic foods, art and children's activities. Among those performing this year are: Pine Leaf Boys -Cajun, Bud Hundenski & the Corsairs - polka, James Kelly & Donna Long -Irish fiddle and piano, Seán Keane Band featuring Kevin Doyle - Irish music and dance and Marquise Knox performing blues.

DANCE

THE CROSBY WHISTLE STOP 24 Roland Street, Charlestown, MA www.BostonSwingCentral.com

SWING DANCE EVERY FRIDAY NIGHT — Come and check out Boston's most exciting swing dance. Conveniently located in Sullivan Square less than a $5\ minute\ walk\ from$ the T, with free parking also available. A killer line up of DJ's and live bands every Friday night. Beautiful 3,000 sq ft dance hall with exposed brick. A beginning lesson is included in the price of admission from 8:00-9:00 pm prior to social dancing from 9:00 pm-12:00 am. No partner or prior experience is required. All ages and dance levels welcome.

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Ray Barron's 11 O'CLOCK NEWS

Drafting the dead, after a computer bug caused the U.S. Selective Service System to send more than 14,000 conscription letters to men born in the 1800s. "I was dumbfounded," Chuck Huey, 73, of Pennsylvania, after receiving a letter demanding that his late grandfather register for the draft or face imprisonment.

Dead stops, after a malfunctioning door caused a corpse to fall from the back of a coroners' van onto a busy Pennsylvania road, making traffic come to a standstill. "I thought someone was playing a prank," said one driver. "I didn't know if I should laugh or cry."

Wow! An English court ruled that a restaurant owner must split his \$1.7 million lottery jackpot with a waiter who pestered him into buying a ticket because he had a dream he'd win. At last, a dream that became

Huh? A new study revealed that 26,000 British youngsters aged between 5 and 9 are admitted to the hospital every year because of rotting teeth. "It all relates to the consumption of sugary, frizzy drinks," said a dentist.

Bless them all! After decades of discussion, the Church of England has voted to allow women to be consecrated as bishops. The measure needed a two thirds majority in all three voting bodies of the church: the House of Bishops, the House of Clergy, and the House of Laity. The church has consecrated women as priests since 1994. The Episcopal Church, the U.S.-based branch of the Anglican Communion has had female bishops since 1989.

A Louisiana chef had a religious experience when he cut open eggplant and found the word "God" spelled out by the seeds inside. Line Cook Jermarcus Brady was sautéing vegetables at a Baton Rouge restaurant when he sliced the eggplant in half and suddenly saw the "miraculous image." Brady, a father of four, said his faith had gotten him through some tough times, and thought the eggplant revelation was God's way of saying, "Hey, I'm real."

Stay awake! A sleepwalking British woman fell 50 feet from a hotel window, but survived because her sleeping body was relaxed when it hit the ground. Amy Wigfull, 24, was on vacation in Spain when she crawled out a sixth-floor window while still asleep and plummeted to the sidewalk below. She awoke in hospital two days later, with multiple broken bones and a punctured lung. Doctors told Wigfull that the fall would have killed her if she'd been awake and tense, rather than asleep and relaxed. "It's a miracle I survived," she said.

Asia is now the biggest source of immigrants to the U.S., providing 45 percent of all new immigrants in 2012, compared with 34 percent for Latin America. Mexico accounts for 14 percent of all new immigrants, down from 45 percent in 2000. India now accounts for 12 percent, and China for 10 percent.

The real cause of obesity. Overeating may not be the chief cause of America's obesity epidemic. New research from Stanford Medical School indicates the real culprit is too little exercise — indeed, too little physical activity of any kind. From 1994 to 2010, the percentage of adult women who did no physical activity in their spare time climbed from 19 percent to nearly 52 percent, while the number of sedentary men increased from 11 percent to almost 44 percent.

A separate review of 20 long-term studies showed that obesity can shorten life expectancy by 6 to 14 years compared with people of normal weight. Those who are extremely obese also have an increased risk of heart disease, cancer, and diabetes, among other illnesses.

main cause of America's obesity epidemic is that food has become too cheap and easy to get, new research has concluded.

Eat more mushrooms! Psychedelic mushrooms are known for sending users on mind-bending drug trips, but the science behind their effects has remained unknown — until know. New research shows that psilocybin, a hallucinogen in the mushrooms, triggers brain activity similar to what occurs in dreaming.

Interesting! In its annual time use survey, Bureau of Labor Statistics found that on average Americans spend 8.74 hours per day sleeping, 5.26 hours per day engaging in leisure activities, and just 3.46 hours per day doing "work and work-related activities."

In a recent Gallup poll, more than half of Americans said the economy, par-



ticularly unemployment, is the country's top challenge

Italian American in Sports: At age 15, Linda Fratianne won the U.S. Ladies Figure Skating Championship in 1977 and 1980. She capped her career with a silver medal from the 1980 Olympics. One of the few women skaters who routinely performed triple jumps, she won over 140 championships.

Some memorable show business stuff by the musicologist Albert Natale. Marlon Brando, says, "Bob Hope would attend the opening of a supermarket." And Jim Backus claims Cesar Romero would attend the opening of a napkin. One more time! Several years after his death in 1951, "The Eddy Duchin Story" was produced in Hollywood (1956). Tyrone Power played the "part of Duchin and Carmen Cavallaro dubbed in the piano playing. Before Peter Falk took the role of "Colombo," the lead had been offered to Lee J. Cobb and Bing Crosby. Frederick March is the only person to date who has won an Academy Award for Best Actor for playing a monster. In 1931, he made the original "Dr. Jekyll and Mr. Hyde" movie. Benny Goodman recorded just one vocal by himself, as far as anyone knows. It was called "Tain't No Use." Benny figured that described any future he might have as a singer. It was in 1973 Betty Grable passed away at age 56 of lung cancer in Santa Monica, California. Betty is resting in peace at Inglewood Park Cemetery, Inglewood, CA. James Cagney who passed away in 1986 is at the Gate of Heaven Cemetery, Hawthorne, New York.

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Parla Come Mangi!

(Speak as You Eat!)

by Alessandra Sambiase



Benvenuti! This week I am writing from beautiful Calabria a region that is still unchanged in many aspects. Here you can still taste the sweetness of the fichi d'India (prickly pears), of the insalata di pomodori e cipolle di Tropea, the refreshing anguria (watermelon), the spiciness of the 'Nduja on a warm and crunchy slice of freshly baked bread, the fresh seafood and the most delicious ricotta cheese. This week's recipe is a traditional summer vegetable dish. "Tiella" in the local dialect stands for "oven dish" and indicates a baked savory dish. "Tiella di verdure alla Calabrese" is a very traditional recipe that is extremely easy to prepare and that uses fresh ingredients from the garden. A dish that give its best served slightly warm or at room temperature, on a hot summer day.

Tiella di verdure alla Calabrese

(Serves four)

4 large zucchini 4 large potatoes Salt Basil ½ cup grated Parmigiano

Reggiano

4 large tomatoes 1 clove of garlic (thinly minched) Extra Virgin Olive Oil

½ cup grated Pecorino ½ cup plain bread crumbs

Cut the zucchini and the potatoes into round thin slices then transfer them in a bowl and season with salt. Do the same with the tomatoes. In another bowl, combine together bread crumbs, garlic and the two cheeses. Drizzle the bottom of an oven dish with olive oil and layer half of the zucchini and potato mixture, then layer half of the sliced tomatoes, a few basil leaves and finish with half of the cheese, bread crumbs and garlic mixture. Drizzle generously with olive oil. Repeat the process with the remaining half of the ingredients. Cook in a 350 degrees oven for about 45 minutes. Buon appetito!

Tiella di verdure alla Calabrese

(Serve quattro)

4 zucchine grandi 4 pomodori grandi

4 patate grandi 1 spicchio d'aglio (tritato

finemente)

Olio Extravergine di Oliva Basilico 100 g di Pecorino grattugiato 100 g di Parmigiano

Reggiano grattugiato 100 g di pane grattugiato

Taglia le zucchine e le patate a rondelline sottili, trasferiscile in un recipiente e aggiusta di sale. Fai lo stesso con i pomodori. In un altro recipiente combina il pane grattugiato, l'aglio ed i due tipi di formaggio. Ungi con dell' olio d'oliva il fondo di una pirofila da forno e alterna a strati meta' delle zucchine e patate, meta' dei pomodori, qualche foglia di basilico e completa con meta' della miscela di formaggio, pane grattugiato e aglio. Condisci abbondantemente con dell'olio d'oliva. Ripeti l'operazione con il resto degli ingredienti. Inforna a 350 gradi per circa 45 minuti.

> If you would like to cook with me go to www.speakasyoueat.com.

> > Best Wishes

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Nanna & Babbononno

by John Christoforo

A Nostalgic Remembrance



about a trip to Puerto Rico that was supposed to have been a Spanish language seminar, but turned out to be an entire summer's vacation that I actually got paid for. Sal Meli and I had vacationed in Puerto Rico many times and were familiar with the capital city, San Juan, and had several friends, many of whom were in the entertainment business. After meeting the headliner of the nightclub we stayed at, the Puerto Rican Sheraton, he asked me to sit in. At the end of the evening, he asked me to join the band on bass guitar. His bassist wanted to go home as he and his wife were having marital problems. I agreed with his terms and when the group from New York's Finch College headed back to the mainland, I stayed in San Juan. We played two shows per night, 6 nights a week, 9:00 pm to 11: pm and 12:00 am to 2:00 am. For this I received \$275.00 a week plus room and breakfast at the hotel ... not bad for the 1960s.

Sal headed back to New York with the folks we flew down with at the end of that first week, but he was back within a week on his own. He was able to augment his vacation time with his employer at Polaroid somehow obtaining most of the summer off. In the mean time, I settled in working with the Keith Phillips Sextet and loved every minute of it. During the day, I body surfed in the waves of the Caribbean or sunned myself at the pool, socializing with the tourists. An entertainment critic, Art Bedard, who wrote for a tourist magazine, the San Juan Guide, gave us tremendous reviews, and as a result, the main room of the hotel was filled with music lovers 6 nights a week. Most were working class New Yorkers who would not have been able to afford land. A voice came on with the winter prices of the hotel a thick southern American due to the winter months accent, "I'm sorry, y'all can't Marine Colonel, he believed being the height of the tour- land here, go back to your me and ordered everyone to ist season in the Caribbean. point of origin." With a slight help getting us out of there. It was a carryover from the panic in his voice, the pilot I'm out of space and will condays when Cuba was the "in told the man we didn't have tinue next week. In the meanplace" during the winter. Five enough fuel to go back. We time, GOD BLESS AMERICA years earlier, Castro and his had to land to refuel. We were gang had taken over the gov- told to wait and within a ernment of Cuba and Ameri- minute or two, another Amercan tourism came to an ican voice with a Boston acabrupt end. Puerto Rico took cent, broadcast that we had over the open slot and was put to lower our landing gear and on the map with the hotel casinos, show rooms and gourmet restaurants. Oh, I can't forget the hundreds of nightclubs that offered all kinds of entertainment, both Latin might I add. and American.

next to the main room at the Dominican insignias came out hotel was a Jamaican singer. We became friends and toward the end of the month, he mentioned that he had the following week off. I told him that we were going to be off with pay that week, also. The hotel was bringing in different entertainment just for one week and I was thinking

Last week I was talking The Jamaican gave me another offer. It seems that his lowed us as we landed. When brother owned a two-engine 8-passenger airplane and specialized in taking tourists to Caribbean islands with small airplanes. He was taking the same week off and the two brothers were going island hopping. The folk singer asked if I or any of the band members were interested in joining them. We would split the fuel costs and landing fees equally which would make the trip rather cheap. I immediately said I would join with them. Sal Meli, who was back on the island with me, joined in, also. None of the other band members were interested, so it was just the four of us.

The next day, the pilot showed up and was told by his brother what was going on. He logged in a flight plan and we headed to several of the islands south of Puerto Rico. Toward the end of the week be the man with the Boston we headed back to the San Juan airport where a message was waiting for the pilot. It seems that he was invited to a party at an estate in Port au Prince, Haiti, and he asked if we wanted to tag along. Sal and I agreed to join the two brothers again, and a flight plan was logged. So, off we went. Now, to get to Haiti from Puerto Rico, we had to fly due west into the air space of the Dominican Republic. The island of Hispaniola contains two countries, the Dominican Republic to the east and Haiti to the west. As I said, to get to Haiti, we had to fly across the D.R.

Once we were in Dominigages showed we were becoming low on fuel. The pilot person on the other end we had an emergency and had to wait for a fighter escort to bring us to Santo Domingo. We looked at each other with amazement and curiosity, and a bit of fear in our hearts,

Within a couple of minutes, In the small lounge located two WWII P51 Mustangs with of the sun and were almost wing tip to wing tip with us. Each had six 50 caliber machine guns, three in each wing and those pilots didn't look like they wanted to play. We followed further instructions and landed on the then, one runway at the airport. Both sides were lined with of going home for that week. sand bags and 50 caliber ma-

chine guns, all of which folwe came to a stop, a jeep came out of a hangar with a Dominican army sergeant driving, an American Marine major in the passenger's seat and a gunman in the back with a 50 caliber machine gun on a stand, pointing at us.

We were told to exit the

plane by the American Marine major who was the man with the southern accent we heard earlier. He and the driver, the Dominican sergeant searched us and then the American Marine began to yell at us. His thick southern accent and the Jamaican accent of the pilot clashed and neither knew what the other was saying. So, we were held at gunpoint. Soon another jeep came out of the hangar with a Dominican driver and an American Marine colonel next to him. This colonel turned out to accent. I volunteered to do the explaining and the colonel believed my story. After I explained, I asked what was going on. Barnstorming through the Caribbean for a week before this point, we didn't look at any newspapers, watch TV, nor listen to any radio broadcasts. It seems that the man who had taken over the presidency of Rafael Trujillo after his assassination, Juan Bosch, was ousted from office and replaced by a man named Joaquin Balaguer. All Hell broke loose and the government called Washington for help. President Johnson sent in a detachment of U.S. Marines can airspace, the head winds via the USS Boxer, an Ameribecame so strong, the gas can aircraft carrier. They were accompanied by the Army's 82nd Airborne Diviradioed the control tower at sion. American military presthe Santo Domingo airport in ence in the Caribbean often the capital city. He told the helped keep the peace, and our people were there due to the country heading for a major revolution.

After my explanation to the

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JOSEPH RUSSO

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• **Socially Scene** (Continued from Page 9)

bassist Geoff Scott and drummer Nathan Sabanayagam, the group is composed of Boston's most prominent musicians and will undoubtedly make Cliff, Marley and Tosh proud with their renditions of some of their most popular songs.

Don't miss this opportunity to treat your soul, eyes and ears while celebrating the most renowned reggae legends of all time at the Beat Hotel located at 13 Brattle Street, Cambridge, MA. The show will start at 8:00 pm and for more information or to make a reservation visit www.beathotel.com, or call 617-499-0001.

Do You Believe in Tinkerbelle ... Make your own decision after you see Finding Neverland's world premiere at the American Repertory Theater playing through September 28th.

Based on the Miramax motion picture by David Magee, Finding Neverland follows the relationship between playwright J. M. Barrie and the family that inspired Peter Pan, or The Boy Who Wouldn't Grow Up, one of the most beloved stories of all time.

This new musical explores the power of imagination to open up new worlds and the inevitability of growing up. Finding Neverland is presented by the A.R.T. by special arrangement with Harvey Weinstein.

The magical adventure through Never Never Land is making its way to the American Repertory Theater for select performances now through September 28th. The American Repertory Theater is located at 64 Brattle Street in Cambridge, MA. For more information on tickets you may call 617-495-2668 or visit www.americanrepertory theater.org.

Arts Pioneer ... Jerry Beck opens Revolutions Per Minute at the Clark Gallery and will be on display through August 30th.

Clark Gallery is proud to present Jerry Beck's RPM, a sprawling and energetic installation of drawings, sculpture, paintings, clothing, photography, printmaking, and writings. For over three decades, Beck's pioneering vision reads like a dime store novel that explores the darkened depths of identity, history, ethnicity, spirituality, urban and natural environment.

"The American frontier can be found in any home, on the street, and in neighbor-



Jerry Beck opens Revolutions per Secon at the Clark Gallery and will be on display through August 30th.

(Photo courtesy of Clark Gallery)

hoods," says Beck who since childhood has been fascinated by Native American culture and philosophy. "Today's world mimics the gun-slinging Wild West of the past in which war, violence, racism, sexism, greed, imperialism, and the destruction of our natural resources continues jeopardizing our wellbeing and that of our planet."

In this exhibition, Beck's energy covers the map with cathartic, explosive, humorous, heart-breaking, and loving gestures. He reconstructs narratives that peel away fact from fiction, dream from reality, and truth from lies. This creative process is his paradigm shift, poetry, activism, and aesthetic re-

Beck is truly one of New England's leading visionaries whose work is a fantastical mix of conceptual art, folk art, and community activism. Art critic and former Rose Art Museum Director Carl Belz once wrote, "Beck is a controversial character whose body of art see-saws back and forth with the energy of a carnival showman and quiet contemplation of a lost shaman."

Jerry Beck is a nationally recognized artist, educator, and cultural and civic leader. In 1984, he founded The Revolving Museum, a nomadic alternative museum that revitalizes of under-utilized public spaces such as railroad cars, a Civil War fort on an island, a baseball field, empty lots, waterways, textile mills and smokestacks involving the community in a collaborative creative process.

All are welcome to join the gallery for two Beck brunchtime performances on Sunday, August 17th and August

The gallery is located at 145 Lincoln Road, Lincoln, Massachusetts.

For further information, please visit their website at www.clarkgallery.com or by calling 781-259-8303.

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NOTICE TO TRADE CONTRACTORS REQUEST FOR TRADE CONTRACTOR QUALIFICATIONS

The MASSACHUSETTS PORT AUTHORITY is soliciting Statements of Qualifications from TRADE CONTRACTORS interested in performing work for MPA PROJECT NO. L1255-C2, TERMINAL C CONNECTORS, EAST BOSTON, MASSSACHUSETTS. The Authority is seeking Qualification Statements from Trade Contractors who have a demonstrated experience in the construction and implementation of similar work in terms of scale and complexity as required for the TERMINAL CONNECTORS project in East Boston. In accordance with Massachusetts construction manager at-risk requirements, MGL Chapter 149a, Section 44F, Qualification Statements are being requested from trade contractors capable of performing the following classes of work for the project (a) Masonry, (b) Miscellaneous Metals, (c) Waterproofing, Damp-proofing & Caulking, (d) Roofing, (e) Terrazzo, (f) Tile, (g) Resilient Floors, (h) Acoustical Tile, (i) Painting, (j) Elevators, (k) Fire Protection

(I) Plumbing, (m) Heating, Ventilating and Air Conditioning, and (n) Electrical. The contract includes the two phases of work.

Phase 1 requires all work to relocate an existing airline to Terminal A in order to facilitate the work in Terminal C. Phase 1 includes interior and exterior demolition, renovation of hold rooms and back oh house areas, modifications to ticket counters and way finding, and ramp work.

The estimated cost of the trade contractors' portion of this phase of the Project is approximately \$775,000 and the construction duration for this phase is approximately five (5) months. The estimated value of work to be performed by trade contractors is as follows:

Waterproofing, Damp-proofing, & Caulking	\$25,000
Acoustical Tile	\$30,000
Resilient Floors	\$30,000
Painting	\$90,000
Plumbing	
Electrical	

Phase 2 work includes the work to connect the second floor level of Terminal C to second floor level of Terminal E and associated gate hold area modifications. Phase 2 includes roof structure renovation, gate relocations, building additions, hold room renovations, construction of concession areas and sterile corridor, installation of egress stairs, freight elevator, stairs, and escalators, and modifications to utilities and way finding.

The estimated cost of the trade contractors' portion of this phase of the Project is approximately \$7,707,000 and the construction duration for this phase is approximately eighteen (18) months. The estimated value of work to be performed by trade contractors is as follows:

Masonry	\$193,000
Miscellaneous and Ornamental Iron	\$336,000
Waterproofing, Damp-proofing, & Caulking	\$152,000
Roofing	\$500,000
Terrazzo	\$755,000
• Tile	\$150,000
Resilient Floors	\$30,000
Acoustical Tile	\$742,000
Painting	\$82,000
Elevators	\$500,000
Fire Protection	\$243,000
Plumbing	\$804,000
Heating, Ventilating and Air Conditioning	\$1,750,000
Electrical	\$1,470,000

The Authority is implementing this project in accordance with MGI. Chapter 149A. Sections 1 thru 13. This selection of trade contractors conforms to MGL Chapter 149A, Section 8, subsections (b) to (k) inclusive. This Request for Qualifications (RFQ) will be utilized to prequalify trade contractors capable and experienced in the renovation and construction of airline passenger terminals. The Authority shall utilize a two-step process including the prequalification of trade contractors based on an evaluation of the Statement of Qualifications received in response to this solicitation, followed by an Invitation to Bidders that will only be issued to the prequalified trade contractors. A Prequalification Committee consisting of four representatives, one each from the Designer and the CM at Risk and two Massport staff. This Prequalification Committee will be conducting a qualifications-based evaluation of submittals received from interested trade contractors in order to identify prequalified trade contractors who will be invited to respond to a written Invitation to Bidders. Please note that the Authority is not utilizing this process to prequalify sub-contractors who are not trade contractors which shall be done separately in accordance with MGL C149A, Section 8, subsection (j).

A Supplemental Information Package that discusses Evaluation Criteria and the Prequalification Process in more detail as well as any other requirements for the Qualification Statements will be available to interested parties beginning Thursday, July 31, 2014, by contacting Michelle Arnold at 617-568-5978 or via email at marnold@massport.com.

A Project Briefing will be held on Friday, August 1, 2014, at 10:00AM in the Capital Programs Department, Logan Office Center, 2nd Floor, One Harborside Drive, East Boston, MA. Attendance at the briefing is not mandatory, however, it is strongly encouraged in order to best familiarize your firm with the project details and the prequalification process.

Trade contractors interested in performing work for Phases 1 and 2 are to submit a separate qualification package for each phase.

Seven (7) copies of a bound document each limited to 20 sheets (40 pages), exclusive of covers and dividers and resumes which shall be limited to one page, shall be printed on both sides of the sheet (8 1/2" x 11") and shall be addressed to Mr. Houssam H. Sleiman, P.E., CCM, Director of Capital Programs and Environmental Affairs, and received no later than 12:00 Noon on Thursday, August 14 2014 at the Massachusetts Port Authority, Logan Office Center, One Harborside Drive, Suite 209S, Logan International Airport, East Boston, MA 02128-2909. Any submittal that exceeds the page limit

set here or that is not received in the Capital Programs Department by the above deadline shall be

rejected as non-responsive. Questions may be sent via email to CPBidQuestions@massport.com subject to the deadline for receipt stated in the timetable above. In the subject lines of your email, please reference the MPA Project Name and Number. Questions and their responses will be posted on Capital Bid Opportunities webpage of Massport http://www.massport.com/doing-business/_layouts/CapitalPrograms/ default.aspx as an attachment to the original Legal Notice and on CommBuys (www.commbuys

com) in the listings for this project MASSACHUSETTS PORT AUTHORITY THOMAS P. GLYNN **CEO AND EXECUTIVE DIRECTOR**

Run date: 7/25/14

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On Wednesday, New England Patriot players convened for training camp in preparation for the 2014 season. The NFL season is nearly here. The fresh smell of cut grass and the sound of bone cracking tackles are both a sign of a new season as well as the unfortunate sign of the slow turn from summer into autumn and the inevitable return of cold, wintery conditions. Yet, as much as we love summer, each year, football fans yearn for the first glimpses of the NFL season.

Following a 2013 campaign that produced a 12-4 record and yet another AFC East division title, Patriots fans' dream of a fourth Lombardi Trophy came to an end at Sports Authority Field in Denver, Colorado versus the Broncos. Peyton Manning and company were the better team in the Conference championship game, as they were throughout the bulk of the 2013 season.

The Patriots, without ever admitting this fact, are

clearly going all in for the 2014 season. With starting Quarterback Tom Brady, set to turn 37 in less than two weeks, and with the future of tight end Rob Gronkowski very much in doubt after failing to successfully complete the past three NFL seasons due to injury, Belichick had to return to his roots and try to recreate his bread and butter of Super Championships past: Defense. Clearly, with an eye on their chief competition to represent the AFC in Super Bowl XLIX in Arizona next February, Coach Bill Belichick orchestrated a complete overhaul

Revis and Brandon Browner. The 2014 team is not without concern. Controversial

of his defense, primarily the

team's secondary, by bring-

ing in Cornerbacks Darrelle

cornerback Alfonzo Dennard finds himself on the PUP (Physically unable to perform) list, joined by Second year player, Wide Receiver Aaron Dobson, who if healthy, figures to be a major player on offense, particularly as a lateral threat. Wideout Jeremy Gallon, Defensive lineman Tommy Kelly, and special team standout Matt Slater also will not participate in the early part of camp. Of particular concern, is the Kelly situation. Kelly, who was projected to be a central cog in the rotation at tackle next to Vince Wilfork, would be a major loss should injuries limit him for the 2014 season. The bright side is that neither Gronkowski nor Wilfork find themselves on this list. Both players sustained season ending injuries and were expected to be limited at least for the start

The dread of summer coming to an end is here, but the promise of another Boston Championship is calling.

All That Zazz

(Continued from Page 6)

FYI one time traveling to Washington, DC a TSA agent wanted to confiscate an important medication cream in a jar and I flipped out. He said he would have it "checked" and finally let it through. I've also noticed the agents "checking" baby formula and certain drinks.

out more at Find www.tsa.gov/traveler-infor-

Wishing you all happy and safe travels!

> Buona Giornata, Mary. God Bless America

Read prior weeks' "All That Zazz" columns at www.all thatzazz.com. Mary is a third-generation cosmetologist and a Massachusetts distributor of Kosmea brand rose hip oil products. She may be contacted at (978) 470-8183 or mary@mary4nails.com.

> Happy Auniversary

R. DelGaudio EST. 1894

RALPH DELGAUDIO

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ADJOINING

PAUL REVERE HOUSE

• Saint Macrina the Younger (Continued from Page 6)

of camp.

together and they possessed everything in common.

After the death of her mother, St. Macrina assumed the guidance of the sisters of the monastery. She enjoyed the deep respect of all who knew her. Strictness towards herself and temperance in everything were characteristics of the saint all her life. She slept on boards and had no possessions. On his return from a synod in Antioch, towards the end of 379, her

prayed together, they worked brother, Gregory of Nyssa visited Macrina, and found her grievously ill. Brother and sister spoke of the life beyond and of their reuniting in heaven. Soon afterwards Macrina passed away. Gregory composed a "Dialogue on the Soul and Resurrection", treating of his discourse with his dying sister. In this, Macrina appears as teacher, and speaks of the soul, death, the resurrection, and the restoration of all things. Her feast is celebrated on July 19th.

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• 119 Years (Continued from Page 1)

criticizing discriminating laws the work of the newspaper while advocating American- in times of war and peace. ization and responding to The newspaper had to fight community needs such as vigorously against all forms the Red Cross appeals.

story could be repeated by thousands of immigrants and patriotism, there was never their American-born children any question. who became an integral part of this great country, fighting in its wars and facing every national crisis. It would be impossible, space wise, to enumerate the many initiatives taken by our publication from its inception as "LA GAZZETTA" to its presentday format as the "POST-GAZETTE" in its 119 years of uninterrupted publication. We never missed an issue, even when the going was Italo-American ideals. very hard.

the years of hard work, cially where freedom became in many ways when gan over 225 years ago, American presidents, senators, congressmen, governors GAZETTE has played a vital and other officials praised

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court Middlesex Probate and Family Court 208 Cambridge Street Cambridge, MA 02141 (617) 768-5800 Docket No. MI14P3611EA

Estate of LOUISE R. NEISS Aso Known As ROSE L. NEISS Date of Death March 17, 2007 CITATION ON PETITION FOR FORMAL ADJUDICATION

To all interested persons: A petition has been filed by Sally A. Dowd of **Atkinson**, **NH** requesting that the Court enter a formal Decree and Order of testacy and for such other relief as requested in the Petition. And also requesting that Sally A. Dowd of Atkinson, NH be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 a.m. on August 11, 2014.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date action may be taken without further notice to

The estate is being administered under formal procedure by the Personal Representative under the Massachusetts Uniform Pro bate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but recipients are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses

WITNESS, Hon. EDWARD F. DONNELLY, JR., First Justice of this Court

Date: July 14, 2014

Tara E. DeCristofaro, Register of Probate

of discrimination in employ-A typical Horatio Alger ment and immigration laws, yet on the issue of loyalty and

> The Italian immigrants after a long period of confusion, which was often bewildering, accepted in full the American concept of school, church and state and have become part of this democratic society, bringing to it all the qualities the Italians always possessed as builders, dreamers, organizers, fighters, artists, inspired teachers and defenders of

Throughout the United The moral reward, over States and in Boston, espethe GAZZETTA or the POSTpart in history.

> Today, the University of Minnesota and the University of Florence in Italy have compiled all of our issues from the first to its current publication on microfilm for future generations, thereby recognizing the POST-GAZETTE's historical contribution to this country and the development of our unique culture to the people on these shores.

> We continue to bring to our readers the incredible stories of Americans from coast-to-coast who are the "Builders of America." We salute these great men and women who have made a unique contribution to our country and heritage.

ST. JUDE AND ST. ANTHONY NOVENA

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus pray for us. St. Iude, worker of miracles, pray for us. St. Jude, help of the hopeless, pray for us. St. Anthony, most loving protector and wonder worker, pray for us. Say this prayer 9 times a day and by the 8th day your prayer will be answered. It has never been known to fail. Publication must be promised. My prayers have been answered. Favor received. A.T.P.

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EXTRA Innings

by Sal Giarratani

Texas has Worst MLB

Team at Break

Rangers who thought they

had a great shot this year

in the AL West were at

the break, the worst team

in Major League Baseball.

Eight straight losses to close

out the first half. On a day

that reached 96 degrees, the

Angels 2-3-4 hitters, Mike

Trout, Albert Pujols and Josh

Hamilton, went 7 for 13 with

six RBIs in the 10-7 win over

Great Rangers Prospect

on the Horizon

near-future prospect in left-

handed 20-year-old Joey

The Rangers have a great

Texas.

Meanwhile, the Texas



Gallo. He is currently play-

ing with Double A Frisco and

has hit 31 home runs and 73

RBIs in only 85 games thus

While Austin is a

Football Town

There is ...

that baseball fans in and

around Austin can root for is

the Round Rock Express.

Right now they are a .500

team winning their last

game before the break, beat-

ing the Nashville Sounds

6-4 and are now 48-47. Like

our own Paw Sox down in

Pawtucket, the games are

exciting and the price is

LEGAL NOTICE

One Minor League team

Time for Some Texas Style Baseball

Last week I spent a great time enjoying Texas as my vacation oasis place once again. I have never had a bad Texas vacation. The weather is always hot and sunny and the pool nice and cool. Inside some great a.c. going on. The food, did I tell you about the food? It is

Last week the All-Star game was played, but looking at my Austin American Statesman, I noticed that Clay shutout the Houston Astros by 11-0. Buchholz pitched surprisingly well for a change.

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Middlesex Division 208 Cambridge Street East Cambridge, MA 02141 (617) 768-5800 Docket No. MI14P3250EA

Estate of LAWRENCE H. BLACK Also Known As LAWRENCE HUNTER BLACK Date of Death June 7, 2014 INFORMAL PROBATE **PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner David Black of Avondale Estates, GA.

David Black of Avondale Estates. GA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate. including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

LEGAL NOTICE

Commonwealth of Massachusetts

The Trial Court

Probate and Family Court

Middlesex Division

208 Cambridge Street East Cambridge, MA 02141 (617) 768-5800

Docket No. MI14P2369EA

Estate of

TEREATHA CONYER ALSTON

Date of Death July 24, 2012

INFORMAL PROBATE

PUBLICATION NOTICE

To all persons interested in the above

ptioned estate, by Petition of Petitioner

Dozine C. Powell of Clinton, MD has been

informally appointed as the Personal Repre-

sentative of the estate to serve without surety

The estate is being administered under

informal procedure by the Personal Represen-

tative under the Massachusetts Uniform Probate

Code without supervision by the Court. Inven-

tory and accounts are not required to be filed

with the Court, but interested parties are entitled

to notice regarding the administration from

the Personal Representative and can petition

the Court in any matter relating to the estate,

including distribution of assets and expenses

of administration. Interested parties are entitled

to petition the Court to institute formal proceed-

ings and to obtain orders terminating or restrict-

ing the powers of Personal Representatives

appointed under informal procedure. A copy of

the Petition and Will, if any, can be obtained from

Dozine C. Powell of Clinton, MD

on the bond.

Run date: 7/25/14

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Middlesex Division 208 Cambridge Street East Cambridge, MA 02141 (617) 768-5800 Docket No. MI14P2358EA

Estate of GERTRUDE M. LANE Date of Death March 24, 1996 INFORMAL PROBATE **PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner Mark F.X. Nelke of Leominster, MA.

Mark F.X. Nelke of Leominster, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Represen tative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

Run date: 7/25/14

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Middlesex Division 208 Cambridge Street East Cambridge, MA 02141 (617) 768-5800 Docket No. MI14P2945EA

Estate of **CAROL LOUISE CLAYTON** Also Known As CAROL L. CLAYTON Date of Death February 18, 2014 INFORMAL PROBATE **PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner Idhury MA a Will ha peen admitted to informal probate

Nancy J. Clayton of Sudbury, MA has been nformally appointed as the Personal Representative of the estate to serve without surety on the bond

The estate is being administered under nformal procedure by the Personal Represen tative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceed ings and to obtain orders terminating or restrict ing the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

Run date: 7/25/14

Commonwealth of Massachusetts The Trial Court Middlesex Probate and Family Court 208 Cambridge Street Cambridge, MA 02141 (617) 768-5800 Docket No. MI14P3582EA

Estate of RICHARD M. HARRISON Date of Death June 26, 2006 CITATION ON PETITION FOR FORMAL ADJUDICATION

To all interested persons: A petition has been filed by Betty L. Harrison of Clearwater, FL requesting that the Court enter a formal Decree and Order of testacy and for such other relief as requested in the Petition. And also requesting that **Betty L.** Harrison of Clearwater, FL be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on August 8, 2014.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to

The estate is being administered under formal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but recipients are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate. including distribution of assets and expenses of administration.

WITNESS, Hon. EDWARD F. DONNELLY, JR., First Justice of this Court Date: July 11, 2014

Tara E. DeCristofaro, Register of Probate

Run date: 7/25/14

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court Probate and Family Court Middlesex Division 208 Cambridge Street East Cambridge, MA 02141 (617) 768-5800 Docket No. MI14P2370EA

Estate of AVIS NIKAH DUKES Date of Death January 17, 2011 **INFORMAL PROBATE PUBLICATION NOTICE**

To all persons interested in the above aptioned estate, by Petition of Petitione Edward Dukes, Jr. of Andrews, SC. Edward Dukes, Jr. of Andrews, SC has been

nformally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under nformal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court, Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from

Run date: 7/25/14

The Post-Gazette is now on the Web! Check us out at www.BostonPostGazette.com. You'll find the history of the Post-Gazette, information about our columnists, as well as advertising, submission and subscription information.

Run date: 7/25/14

www.BostonPostGazette.com



BOXING BY THE BOOK

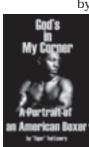
Summer Reading Recommendations (Part II)

JOHN CAMERON:

John, a resident of Great Britain, is a former amateur boxer turned author. His most recent work, "Redemption: The Life & Death Of Rocky Marciano", is available on Amazon

God's in My Corner: A Portrait of an American Boxer

by "Tiger" Ted Lowry



In this autobiographical work we are taken on a journey through the remarkable life of Ted Lowry, a perennial "club fighter" who plied his trade in the aftermath of the second great war that engulfed the world. He never ascended to world championship honors,

nor did he find himself courted by the denizens of the darkest game and placed on the path to glory, it was merely his lot in life to turn up at the proverbial "drop of a hat" and fight whomever was placed in front of him. He won some, lost some, drew others. Yet the names on his list of adversaries runs long and deep, including the future heavyweight champion of the world Rocky Marciano. Lowry was a special fighter, a spoiler, a man who had the tools to turn it on and ruin a record, take a career apart, as he almost did to the unbeaten Brockton fighter when they first met in 1949, there are still those today, those in the know, who believe "Tiger" Ted should have walked away from that first meeting the victor. But this is more than just the story of that fight and his career, it is a story of overcoming adversity, of facing up to life and emerging triumphant.

The Sweet Science

by A.J. Liebling



Liebling is more than just a writer, he is a poet, his words run smooth and honey-like through the mind of the reader, especially here in this collection of articles that capture the essence of an era. This compendium covers 1951 through to 1956, charting the rise of Rocky Marciano and the

fall of Joe Louis, the long awaited crowning of Archie Moore, and the remarkable return of "Sugar" Ray Robinson. His writing brings these long lost warriors back to life and for that I for one am eternally grateful.

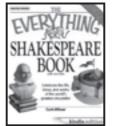
MICKEY FINN:

Mickey a former boxer and boxing official is President of Ring 4 Veteran's Boxers Association.

Everything Shakespeare

by Cork Milner

This book is in depth and informative in regard to the All Time Bard. It entails a deep rundown of characters and plays and also gives an account of his lifetime surroundings and associates inclusive of pros and cons about the great writer



Shakespeare. It no doubt proves he was who he was and he did what he did. I have always had a deep interest and respect for Will and this writing solidifies my thoughts and Ben Johnson's tribute — he was not of an age but of all time.

Hot Shots and Heavy Hits

by Paul Doyle



The book unlike so many others of the same fashion is not only based on the truth but is the total truth. There was no exaggerations or ego trips only well written facts. The book encompasses the life of Drug Enforcement Agent during trying times of

Boston's Combat Zone and how he coped with a difficult job. He not only got the pushers off the street but he helped those he could and saved many lives in the process. Knowing Paul as I do I appreciate and respect his friendship and sincerity.

DAVID CURCIO:

David is an artist and writer residing in Watertown, MA. He has a keen interest in boxing and how it relates to the arts. This fall he will be reviewing an exhibition at the Boston Public Library: "The Boxing Lithographs of George Bellows.'

"A Flame of Pure Fire: Jack Dempsey and the Roaring '20s" by Roger Kahn

As a neophyte to both the history and practice of boxing, "A Flame of Pure Fire" was a revela-

tion in both departments. Kahn paints an incredibly life-like portrait of the man who was at once a savage

fighter with an offensive



style and a gentleman outside of the ring (the moment when he comforts Willard after delivering what likely remains the worst beating in the history of the sport is very touching). The story is set against the backdrop of industrialization, the burgeoning city, Prohibition, bootlegging, and the era where prizefighters were held in higher esteem than any other celebrities in the country. The book also discusses technique and tips quoted from Dempsey himself that anyone new (or old) to the Sweet Science would find useful.

YOUR AD Could Go Here

For information about advertising in the Post-Gazette, call 617-227-8929.

HOOPS and HOCKEY in the HUB



by Richard Preiss

He was there for the Bruins' great run in the 2013-2014 regular season. He was a bit under the limelight but played a significant, if understated, role in the team's successful quest to amass the most points in the six-month journey that ended with the Black and Gold capturing the President's Trophy.

That, of course, secured the home ice advantage for all four rounds of the playoffs — which unfortunately was not needed given the B's early exit in the second round.

But he was there — on the bench — just like Tuukka Rask was three seasons earlier when Tim Thomas dazzled the NHL with his performance in the Stanley Cup Final.

He is the Forgotten One. He is Chad Johnson, the backup goalie for the Black and Gold who performed admirably in the secondary role — so much so that 34 of those 117 points that the Bruins piled up during the regular season came with him in net.

That's right. Johnson saw action in 27 regular season games — one third of the B's schedule and came away with a stellar 17-4-3 mark to go with a 2.10 goals against average and a .925 save percentage.

Just how good was that? Well, when the smoke had cleared on the regular season Johnson ranked sixth in the NHL in both GAA and save percentage. Not bad at all for someone who was a back-up. But, of course, Rask was No. 1 in the entire league, winning the Vezina Trophy as the best goaltender of the regular season.

That meant that when Rask did not play, the B's went from using the top goalie in the league to No. 6 — not a bad swap for a night and probably one of the main reasons the B's wound up on top of the entire league in the regular season.

On the nights Johnson did play, B's head coach Claude Julien was often effusive in his praise, realizing that he had two solid goaltenders on his rostalent when Johnson took to the ice.

But now he's gone, leaving Tuukka essentially alone in the crease unless Niklas Svedberg, the new designated backup, can come through. The 24-year-old played 45 games with the Providence Bruins last year, posting a 25-14-4 mark with

a 2.63 GAA and a .910 save percentage. But he has only played one game in the NHL. So essentially he is someone without a record in the big time.

Chad Johnson's hockey odyssey began in his hometown of Calgary, Alberta and gradually extended across the geographical extremes of America — stretching from Alaska to Portland, Maine at one point. Through hockey, he was able to receive a college education and travel the impressive breadth of the United States.

Johnson played goal all four years that he was a student at the University of Alaska-Fairbanks. In the spring of his senior year (2008-2009) he was named Central Collegiate Hockey Association's Player of the Year on the strength of a stellar 1.66 GAA and an excellent .940 save percentage. He was also a finalist for the Hobey Baker Award, emblematic of the best player in college hockey.

Johnson had actually been drafted by the Pittsburgh Penguins (125th overall) back in 2006 but soon after he graduated he was traded to the New York Rangers. They assigned him to their AHL franchise in Hartford where Johnson toiled for three years, occasionally getting the call to appear in a half dozen NHL games during that span.

Becoming a free agent, he then signed with Phoenix, which promptly sent him back to the AHL — this time with the Portland Pirates in Maine. In 170 AHL games with Hartford and Portland Johnson compiled a 78-70-12 mark with a 2.66 GAA and a .909 save percentage.

On July 5, 2013 Johnson, a free agent once again, signed a one-year deal with the Bruins. It was his first full-time NHL job and it came with the opportunity to play for one of the best teams in hockey. It's been said that a rising tide lifts all boats. Johnson certainly elevated his game while playing for the B's.

We feel that because of his admirable service last season, he should have been ter, with barely a drop-off in brought back. He was a good fit for the B's and Julien was definitely impressed by his performances.

> But he's gone — to the New York Islanders for more money (about \$1.3 million per season) to a team where he will still be the backup rather than the starting

> > (Continued on Page 5)

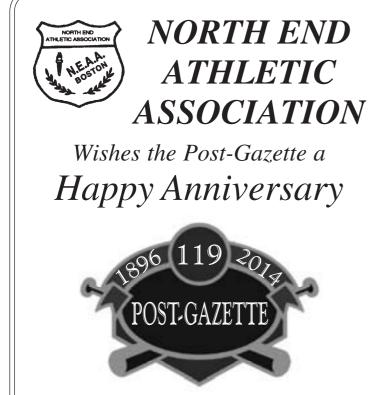




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