

# POST-GAZETTE

(Formerly LA GAZZETTA del MASSACHUSETTS)

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## Massachusetts Governor and Attorney General on the Hunt for ICE Misconduct

Massachusetts Governor Maura Healey and State Attorney General Andrea Campbell have joined forces in announcing a new online portal that will allow residents to report misconduct by Immigration and Customs Enforcement (ICE) agents as they carry out operations in the Bay State. "Please use this form ([mass.gov/fedmisconduct](http://mass.gov/fedmisconduct)) to report potentially unlawful activity or misconduct by ICE and other federal agents enforcing immigration laws in Massachusetts to the Offices of Governor Maura Healey and Attorney General Andrea Joy Campbell. You can submit the form for yourself or someone else. Your submission may help the Governor's Office and/or Attorney General's Office identify patterns of potential misconduct by federal agents, inform possible legal action or policy recommendations, and support affected residents," the website reads.

The governor's office says the portal will offer residents, families, and attorneys with a centralized location to document incidents involving members of ICE and Customs and Border Protection (CBP) as a way to report potential misconduct, support affected residents, and inform possible legal or policy actions by the state.

The portal allows users to submit written testimony, videos and photos in reports. Healey and Campbell believe the portal will collect information and help the state in identifying patterns of potential misconduct, inform possible legal action or policy recommendations, and connect affected residents with legal advocacy organizations. "We've seen across the country and here in Massachusetts that the tactics of ICE under the Trump Administration have been putting everyone at risk. This new reporting portal will help us gather information, support residents and ensure federal agents operating in our state are following the law," stated Governor Healey, while AG Campbell said "The core duty of law enforcement, including federal law enforcement, is to keep our communities safe. But what we have seen from ICE in recent months across the country is the opposite: aggressive and reckless tactics that spread fear and chaos in our communities. I encourage everyone to use this new reporting portal."

## News Briefs

by Sal Giarratani

### Moon Shot Next Month

NASA cleared its moon rocket last week for an April launch with four astronauts after completing the latest round of repairs. The rocket will roll out of the hangar and back to the pad later this week or early next week at Florida's Kennedy Space Center leading up to a launch attempt as early as April 1. It will mark the first trip to the moon in more than 50 years.

### Lowriding Stamp-Ede

The U.S. Postal Service recently unveiled a new series of commemorative stamps dedicated to lowrider car culture. They represent the vibrant artistic expression that blossomed in the 1940s in the working-class neighborhoods of Southern California, Arizona, New Mexico and Texas as everyday vehicles were transformed into one-of-a-kind masterpieces. Lowriders are known for their dazzling paint jobs, glistening chrome and gravity-defying hydraulic systems.

### Virginia DA Blames Gun Sales

Norfolk, Virginia top prosecutor Ramin Fatehi has sparked outcry for blaming the recent Old Dominion University shooting on pro-gun lawmakers and judges. He claimed hours after this shooting that gun rights supporters in office "care more about guns than they care about 6-year-old children." Then followed that up the next day on *Fox News* when he added, "I absolutely stand by what I said. It is the truth, no matter how much the gun lobby wants to deny it."

(Continued on Page 8)

## TEMPERS RAN HOT

### Following Snowy Winter Storms

by Patti Sartori

The steady snow fall this winter pitted neighbor against neighbor when it came to coveted parking spaces throughout Boston neighborhoods, leading the Boston City Council to review the city's 48-hour parking space saver policy. The newest member of the council, District 7 Councilor Miniard Culpepper introduced a hearing order at last week's council meeting to examine the current policy, which allows residents to use objects to save a parking space they shoveled out during a snow emergency and up to 48 hours after the city declares an end to that emergency.

The 48-hour rule's original intent was to preserve temporary parking spaces, not to claim indefinite ownership on that particular parking spot. "After recent snow storms this winter, many residents have raised concerns that space savers are remaining well beyond



the allowed time, and that enforcement appears inconsistent across neighborhoods. This hearing is about bringing some clarity and accountability to a policy that often leads to confusion and sometimes conflict between neighbors," stated Culpepper.

We have all viewed posts and videos on social media, following January and February snow storms, depicting violent and threatening encounters and incidents among neighbors over parking spaces, resulting in slashed tires, keyed cars, broken windows and other

destruction. Residents grew frustrated over the city's lackluster snow removal and began to turn on each other. The council hearing order states that the review is meant to "reduce conflicts between residents following winter storms."

Culpepper believes "residents deserve to know what the rules are, how they are enforced, what steps they can take when the policy is not enforced. We need to hear directly from relevant city departments so we can better understand how the current system is working or isn't working, identify where enforcement or communication may be falling short, and explore practical ways to enforce the rules and make sure they apply consistently, so that Boston streets remain fair, safe and accessible all winter."

The order was referred to the Council's City Services committee for a future hearing.

## State Wide Rent Control Initiative Could Doom Local Budgets

by Patti Sartori



A potential Massachusetts state wide ballot initiative later this fall may give voters an opportunity to weigh in on a rent control ballot measure, which could very well spell trouble for the pocketbooks of local cities and towns. A recent study by The Tufts Center for State Policy Analysis found the initiative would eliminate billions in property value. If voters approve the state wide rent control measure local residential property tax bases would decrease by approximately 6%-9% with the potential to cost property owners \$300 billion over the next ten years. If landlords capped annual rent increases at 5%, municipal budgets would be forced to slash services or increase tax rates to maintain services. Supporters of the

measure believe it is a solution to the current housing crisis.

The ballot initiative would limit annual rent increases in Massachusetts to the cost of living, with a 5% cap. For example, an apartment costing \$3,000 per month, would not see more than a \$150 monthly increase annually under this initiative. The proposal includes exemptions for owner occupied buildings with four or fewer units and for new buildings within the first ten years after construction. The Tufts study cautioned that property owners in Boston could see a reduction in property value by almost 9% within the first three years, leaving a potential \$160 million budget shortfall by 2029.

Boston Mayor Michelle Wu previously opposed the state wide measure but has warned

up to the idea as she witnessed her pending legislation up at the State House stall. "I'm not going to let perfect be the enemy of the good in this case, when there is so much urgency and pressure from housing costs on our residents, Wu stated while on WGBH's Public Radio.

According to the Tufts report, cities surrounding Boston, including Revere, Everett, and Chelsea could be some of the most affected under a state wide rent control. Property owners in these areas could be looking at a value loss of 25 to 27% over ten years, with a potential increase of 18 to 37% in taxes to make up for the difference. "Bringing back failed policies like rent control will have a devastating impact on our city. A 10 to 15% cut to our tax base would force higher tax rates to those who can least afford it or deep cuts to core city services," stated Revere Mayor Patrick Keefe.

Rent control was voted out in 1994, but supporters of the initiative believe it would help renters who are unable to keep up with rising rental rates. Massachusetts Governor Maura Healey opposes the measure, and feels that rent control should be a local issue.

## Stirpe Nostra

by Prof. Edmund Turiello

A weekly column highlighting some of the more interesting aspects of our ancestry...our lineage...our roots.



### HORSES THAT EAT PEOPLE



**Lord Frederic Leighton, *Hercules Wrestling with Death for the Body of Alcestis*, 1869-71, Oil on canvas, 132.4 x 265.4 cm, Wadsworth Atheneum, Hartford, CT, USA**

Stories will always be told about the various circumstances under which men have eaten horsemeat. The story that is told today is reversed and tells of some horses that ate people.

The legend starts with a man named Diomedes. There were at least three famous men in antiquity who bore this name. The first Diomedes was a king, and one of the bravest of the Grecian chiefs in the Trojan War. The second Diomedes was a Roman grammarian who lived during the 4<sup>th</sup> century A.D. And the third man, our subject for this article, was a king of the Bistones, a Thracian people who dwelt near the Aegean Sea. This king was a son of Ares. We remember Ares as the Greek god of violence, brute force and the slaughter of war. It was often said that Diomedes inherited many of the violent characteristics of his father.

For his eighth labor, Hercules was required to go to Thrace and capture the four flesh-eating mares of Diomedes. The travel route took the strong man through Thessaly, where he was hospitably received by King Admetus. The king was in mourning for his wife, but out of respect for Hercules, and in order that his guest's pleasure would not be lessened, Admetus pretended that the dead person was a minor servant in the household.

While becoming familiar with the king's palace, Hercules was told that it was actually Alcestis, wife of King Admetus, who had died. Also, learning that Thanos, the Greek god of death, was about to carry off the woman, Hercules rushed to the Queen's casket, ambushed death and took her from him by force.

After returning Queen Alcestis to her grateful husband, Hercules and a small band of followers journeyed to Thrace. The grooms of Diomedes were quickly overpowered and the mares herded toward the boats. Some of the Bistones came in pursuit, causing Hercules to leave the mares in the care of his young assistant Abderus while the pursuers were being repulsed. After killing King Diomedes and driving off the other Bistones, Hercules returned to the boats. One version of the story tells of the mares attacking and consuming most of Abderus, while a second account claims that Hercules calmed the voracious beasts by feeding Diomedes to them. The mares were finally brought back to the city of Tiryns and presented to King Eurystheus as was required.

The horses were freed but were attacked and killed by wild animals on Mount Olympus as they attempted to find their way back to Thrace.

**NEXT WEEK:**

*History's First Panty Raid*

## Gasoline Prices Continue to Creep Up

As the Iranian conflict continues, the prices for gasoline continue to increase, as supply concerns grow more fearful and crude oil prices continue to creep up. Over the past few weeks, the average gas price in Massachusetts has increased by approximately 40 cents, from \$2.91 to \$3.31, and in Boston and surrounding communities, it fluctuates, depending on the area, from \$3.33 to \$3.42.

"Global supply issues caused by the conflict in the Middle East could cause additional export pressure on the United States as more countries look to different sources to meet their energy needs," stated Mark Schieldrop of AAA Northeast. Massachusetts average gasoline price is 16 cents lower than the national average of \$3.47 per



gallon. Crude oil prices jumped by 30% last week, with oil prices peaking at \$100 a barrel as trading opened last Monday. Cargo ships have been halted in the Strait of Hormuz while oil

producing countries like Iraq, Kuwait and Qatar have cut back on production.

In some markets, the weekly price increases were the highest ever recorded.

## Boston City Council Snow Hearing Provides Residents an Opportunity to Vent

by Patti Sartori

A \$135 million soccer stadium for a women's professional team, a 13% residential property tax increase and a lackluster job of snow removal this winter was a recipe for disaster as frustration was expressed and complaints were heaped upon city officials and the Wu administration at last week's snow removal hearing, with councilors and residents alike pointing to a much larger New York City's ability to clear snow much quicker and efficiently.

Councilors Julia Mejia and Enrique Pepen both offered nods to the newly elected Mayor of New York City for his efforts and hopes Boston officials will learn how they handled the snow removal and implement

it going forward. Pepen said his office "is looking into what New York City did," specifically regarding Mayor Mamdani paying \$30 per hour to shovelers as part of a snow shovelers program. Pepen suggested a similar program for, "the creation of a snow corps or seasonal workers" to help shovel snow. "We saw what New York City was able to implement, there was a lot of excitement behind that. I think if we're able to learn a little bit about what they did, perhaps we can implement it here going forward," Pepen said at the hearing.

Councilor Ed Flynn has stated many times he would like to see the city purchase snow melting machines, which he says have

been used effectively in New York City over this past winter. Interim Chief of Streets Nick Grove said the city has been renting snow melting machines for over ten years, and specifically four this winter. The cost to operate the machines range from \$2,500 to \$4,800 per hour. He also said the city has considered purchasing their own snow melting machines, but noted "they're not cheap. These are assets that can run well over half a million dollars apiece. Then there's the maintenance costs associated with that as well. We haven't had a chance to do a full accounting of whether it would have made sense to rent or own this year. That will certainly be part of our due diligence."

## Foxborough Secures Win in World Cup Matches

The \$7.8 million dollar dispute between the Kraft Group, Boston Soccer 2026 and the town of Foxborough is over, with all parties settling amicably and ensuring the World Cup matches will proceed as planned. "As part of this arrangement, the town of Foxborough will not incur any cost or financial burden related to the FIFA World Cup, with Boston Soccer 2026 providing advance funding for security related capital expenditures and the full extent of deployment that public safety officials have determined is needed to execute the event with Kraft Sports + Entertainment's backing," the parties stated.

Gillette Stadium is set to host seven matches, five in the group stage and two knockout games, between June 13 and July 9.



# MATCH SCHEDULE

6/13/26 GROUP STAGE	6/26/26 GROUP STAGE
6/16/26 GROUP STAGE	6/29/26 ROUND OF 32
6/19/26 GROUP STAGE	7/09/26 QUARTERFINAL
6/23/26 GROUP STAGE	

## Photo Submission Guidelines

Photos submitted for publication should have a minimum resolution of 150 dpi (or ppi), 300 dpi for best results. Photos taken with camera phones are typically only 72 dpi and will be too grainy to print. If taking photos for a submission, please use a digital camera. If supplying existing photos, please submit a high-quality print for scanning.



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Friday, March 20, 2026

**OUR POLICY:** To help preserve the ideals and sacred traditions of this our adopted country the United States of America: To revere its laws and inspire others to respect and obey them: To strive unceasingly to quicken the public's sense of civic duty: In all ways to aid in making this country greater and better than we found it.

## Commentary ...

### WHY, IN THE NAME OF COMMON SENSE, DO NATURAL GAS

### Delivery Charges Cost More than the Gas Itself!

(Hint: Because Our State Government isn't Concerned with Taxpayer Pockets)

by Patti Sartori

For many Massachusetts residents, opening a gas bill from National Grid, who happens to be the natural gas supplier to my home, can be frustrating. The most common complaint is, "Why is the delivery charge higher than the actual cost of the gas being used?" The answer is fairly simply, totally unfair, but still quite simple. The answer lies in how utility billing is structured, and more precisely how state policy, infrastructure costs, and market forces are aligned on a customer's monthly statement.

There are two separate charges; Supply vs. Delivery. Every gas bill in Massachusetts is split into two main parts. The supply charge is the cost of the natural gas itself, and the delivery charge is the cost to transport that gas to your home. According to Massachusetts Department of Public Utilities, a utility company does not profit from the supply charge. They simply pass along the market price of natural gas.

The real profit is in the delivery charge. That is what each household in Massachusetts is paying through the nose for. For example, I received my most recent National Grid bill, a whopping \$800 plus dollars. Not quite believing what I was seeing, for a 1-month bill, I decided to dissect it and look at it closely. Staring me in the face was the breakdown of the gas usage, \$300 dollars, and jumping out at me like a neon sign was the delivery charge, a whopping \$500 plus dollars! Absolutely Outrageous Greed!

I decided to call National Grid and demand an explanation, not that I had any expectation of the bill amount changing. It seems, the delivery charges are not just about moving gas through pipes. They actually include fees for maintaining and repairing pipelines and infrastructure, upgrading aging gas lines, meter reading and customer service, and the kicker and most likely the largest piece of the pie, to fund

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## LETTERS POLICY

The Post-Gazette invites its readers to submit Letters to the Editor.

- Letters should be typed, double-spaced and must include the writer's name, address and telephone number. Anonymous letters are not accepted for publication.
- Due to space considerations, we request that letters not exceed two double-spaced, type-written pages.
- This newspaper reserves the right to edit letters for style, grammar and taste and to limit the number of letters published from any one person or organization.
- Deadline for submission is 12:00 noon on the Monday prior to the Friday on which the writer wishes to have the material published. Submission by the deadline does not guarantee publication.

Send letter to: Pamela Donnaruma, Editor,  
 The Post-Gazette, P.O. Box 135, Boston, MA 02113

## Revere Mayor Patrick Keefe Delivers State of the City Address

Mayor Patrick Keefe delivered his State of the City Address, thanking all who work together to make Revere a home for all. From its residents, to city employees, volunteers, community leaders, and elected officials who dedicate themselves to improving the neighborhoods and the city.

Mayor Keefe took the opportunity to highlight Revere, and why it's a special place for so many who call it home, reminding everyone that the



true strength of Revere is its people. The city continues to display what a strong and compassionate community looks like, coming together during difficult times, supporting local businesses and helping fellow neighbors in need.

It is this shared commitment that truly defines the spirit and strength of Revere!

**Revere Mayor Patrick Keefe delivers his 2026 State of the City Address.**



**Revere Mayor Patrick Keefe with various local and state elected officials following his annual State of the City Address.**

## Red, White and Green Roll Through Nonantum Neighborhood in Newton

by Patti Sartori

It may be six plus months away from Columbus Day and Italian Heritage Month, but the Nonantum "Lake" community in Newton, Massachusetts is preparing to celebrate the restoration of red, white and green rolling down Adams Street. The newly sworn in Mayor, Marc Laredo, is making good on a campaign promise to bring back the communities beloved red, white and green lines, after his predecessor, Mayor Ruthanne Fuller removed them, under the cover of darkness and without any notice to the townsfolk back in June.

Fuller's decision to replace the red, white and green lines with double yellow lines came just before the community's 90th annual Italian American festival, known as "Festa." The lines, an almost century old tradition, is an iconic symbol to the residents and business owners, strongly embraced by all, regardless of nationality

or religion. Jordan Lee Wagner, a Jewish neighbor for over forty years, put out a call for action last summer, following Fuller's disrespect to the Italian American community in Newton, by encouraging residents in Facebook posts to "just go out and paint." The neighborhood's Jewish and Italian communities have always co-existed and respected each other. "I am absolutely thrilled that they are coming back, and that everybody knows they belong there. When I look at those colors, I think of our wonderful neighbors," stated Wagoner.

Currently there is one white stripe running down Adams Street, but as soon as the weather warms up, Mayor Laredo promised the white strip will be flanked by the other two colors of the Italian flag, restoring tradition and pride to this historic neighborhood.

## Italian Home for Children & Boston Bulldogs Running Club Receive \$9,000 Saucony Grant to Launch Youth Running and Wellness Program

Partnership Brings Running, Resilience-Building, and Addiction Prevention to Youth Who Have Experienced Trauma

Italian Home for Children (IHC) and the Boston Bulldogs Running Club (BBRC) have been awarded a \$9,000 grant from the Saucony Run for Good Foundation to re-launch the Junior Bulldogs Running Group at Italian Home for Children. The program will serve 15 youth ages 7-14 who have experienced trauma, abuse, or neglect, introducing them to running as a tool for wellness, resilience, and breaking cycles of adversity.

The 5-week program, starting in March, will combine weekly running and wellness sessions with education on nutrition, coping strategies,

and mental health. Participants will work toward participating in the Boston Bulldogs Run for Recovery 5K and Tribute (May 17 at Franklin Park), experiencing the power of supportive challenge and achievement many have never had access to before.

"Most of the children we serve have endured significant trauma and many come from families impacted by substance use disorder," said Susan Keays, President and CEO of Italian Home for Children. "Through this partnership with our friends at the Boston Bulldogs, we're not just teaching kids to

run — we're showing them they have the strength to overcome challenges, find their voice, and change their own stories."

The collaboration brings together two specialized organizations with complementary expertise. IHC serves children and families with emotional, behavioral, and educational challenges, with 80% youth of color and 78% living in poverty. The Boston Bulldogs Running Club works through running and wellness programs to build community for individuals adversely affected by addiction,

(Continued on Page 11)

# L'Anno Bello: A Year in Italian Folklore

## From Showers to Sunshine

by Ally Di Censo Symynkywicz



(Photo by gpointstudio on Freepik)

Spring is here, and that means weather as fickle as an Internet trend. Some days boast record warmth and abundant sunshine, laden with the care-free atmosphere and scent of fresh vegetation reminiscent of midsummer. Other days feature brisk breezes that ruffle the delicate new daffodils and tulips, and cool air that calls for a coat. Of course, spring simply would not be spring without the arrival of brief but soaking rain showers. During these rains, people disappear under umbrellas and colorful rubber boots as they splash their way through the day, jumping in and out of puddles. The aftermath of a spring rain is just as magical: the foliage appears greener, birds commence singing again with renewed gusto, and a rainbow may vividly spread its colors across the sky. Nowadays, knowledge of this weather, from atypically humid Easters to spring rainstorms, is always at our disposal due to meteorological reports on television and apps on our smartphones. However, people in older times needed ingenious ways to determine the weather. After all, in agricultural and maritime societies, weather was often a matter of life and death, as it controlled the success of the harvest or the ability to head to the sea and fish. Italy used to be one such agricultural society, and therefore still contains a multitude of weather superstitions and lore. I remember some of these sayings from my childhood, where they formed an indelible part of my Italian cultural heritage. These pieces of weather folklore are often repeated from generation to generation, even in contemporary times, a testament to their ancient power.

Some years ago, I was having dinner with my best friend at a local Thai restaurant. She looked out the window and

gasped, remarking on how amazing the sky appeared. I turned around to a stunning sight: bright pink clouds streaked across the sky like threads of cotton candy, tinged in gold by the setting sun. I told my friend that the weather tomorrow would probably be nice. How did I know this without checking my phone? Well, I had remembered an Italian saying my grandmother often intoned in a singsong voice: "Rosso di sera, buon tempo si spera/Rosso di mattina, la pioggia s'avvicina." Roughly translated, this means: "Red at night, good weather awaits/Red at morning, the rain approaches." My grandmother repeated this dictum so often that I consider it an essential staple of my childhood, right alongside Baby-Sitters Club books and my mother's homemade pancakes. Basically, this proverb explains that a sunset with a reddish tone foretells fine weather the following day, while a red-hued sunrise promises a day of rain. I discovered fairly recently that this maxim has a famous English-language counterpart: "Red sky at night, sailors' delight/Red sky at morning, sailors take warning." Though the red skies proverb dates back thousands of years, it contains some meteorological truth. According to the National Oceanic & Atmospheric Association (NOAA), a red sky at sunset may be caused by the sun illuminating dust particles in the air, indicating a high-pressure system that brings good weather. Conversely, the red sky in the morning indicates that the high-pressure system is passing, which may be replaced by a rain-inducing low-pressure system. Our ancestors knew what they were talking about!

Encouraged by the memory of this proverb, I grew inspired to search for other nuggets of Italian weather lore. The website of Italy's

Osservatorio Meteorologico, Agrario, Geologico, a meteorological observatory run by Prof. Don Gian Carlo Raffaelli and hailing back to 1865, compiled a number of popular weather sayings from across the country. Not surprisingly, much of the lore concerns rain — after all, it was important to know when it would rain in order to shelter livestock and control the amount of water the crops received, or exercise care during a fishing voyage. "Cielo a pecorelle acqua a cantinelle" means that rain showers will soon arrive when the clouds resemble a sheep's wool. My mother frequently repeated this proverb whenever we saw such clouds, which bear the scientific name altocumuli. Another superstition that foretold rain stated "quando il gatto si lecca il pelo, viene acqua giù dal cielo" — rain will fall from the sky when a cat cleans its fur! This was also a favorite dictum of my grandmother's, and I always think of it whenever I see my cat washing herself. Not all Italian weather lore talks about rain, however. According to one maxim, "quando la rana canta, il tempo cambia," a croaking frog is indicative of imminent weather changes. "Stelle troppo scintillante vento forte a te davanti" warns that excessively twinkling stars foretell strong winds. Good weather, on the other hand, can be expected following low fog, as evidenced in the proverb "la nebbia bassa buon tempo lascia." Finally, one of my favorite weather sayings happily declares "arcobaleno porta il sereno" — a rainbow after a storm brings calm weather. It reminds me of the joy and reawakening of nature that occurs in the spring, under the brilliant colors of an afternoon rainbow!

Weather lore, though no longer taken as seriously in our days of Doppler radar, continues to yield influence in the realm of cultural treasures and national characteristics. Some pieces of weather lore contain meteorological truths, while others decidedly do not; however, they all demonstrate the importance of weather to societies that depended on the unpredictable nature of farming or fishing. Moreover, weather lore, like all quaint traditions and superstitions, link us to the rich, unending lineage of our ancestors. I associate weather customs with family memories and parts of my childhood, such as my grandmother singing about red skies or my father playfully remarking that, according to stories from his boyhood, rain falling during sunshine meant that the fox was getting married. So let's cherish all the proverbs about weather that have been passed down from our ancestors, no matter how silly they sound. They are another invaluable part of our heritage and our place in this world, rain or shine!

Ally Di Censo Symynkywicz is a high school history teacher. She appreciates any comments and suggestions about Italian holidays and folklore at [adicenso89@gmail.com](mailto:adicenso89@gmail.com).

# THINKING OUT LOUD

by Sal Giarratani



## Sacred Heart Parish Celebrates Third Anniversary of Monthly Community Dinners



The cooking crew working the kitchen

Sacred Heart Parish has been running monthly community dinners in its lower hall going back to March 2023 as a way to reach out to parishioners and community members by offering free monthly community dinners. This month the community dinner marked its third anniversary. Nothing would have been possible if it were not for all the many parish volunteers who make it happen month after month.

I think it is a great idea as do many in the parish bringing neighborhood folk together outside of Sunday Mass and building a real community of the faithful both within the parish and the surrounding neighborhoods. These monthly dinners create real community and are a way to not only serve the parish but to connect the parish with all who live around it. The Sacred Heart Parish lives in the neighborhood it serves and opens wide the doors drawing people inside together



Father Paolo Cumin, Priestly Fraternity of the Missionaries of St. Charles Borromeo (FSCB), received a citation from the Boston City Council on the Sacred Heart Parish community dinner's third anniversary by District 1 City Councilor Gabriela Coletta Zapata (R) and State Senator Lydia Edwards (L)

to bond as a community together.

Hopefully, these dinners will make both the Parish and East Boston stronger together. The power of a good meal feeds the body and that in return will feed the soul of all the folks who share these meals together.

Bon appetite!



Volunteers serving pasta at the Sacred Heart Dinner

(Photos by Theresa Malioneck)

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## DISTRICT ONE BUDGET TOWN HALLS

EAST BOSTON

Monday, March 30 at 6PM  
Maverick Landing Community Room  
31 Liverpool Street

Translation, kids activities, & food will be provided.

Questions?  
[gabriela.ramirez@boston.gov](mailto:gabriela.ramirez@boston.gov)

GABRIELA COLETTA ZAPATA



# North End Youth Organization Fundraiser Sells Out



(L to R): NEYO Board Members: Alissa Passacantilli, Jessica Bonzagni, BCYF Director of the Nazzaro Center Marlo D'Anna, Alex Horan, Shauna DeMarco, Kathleen Trojan and Rosina Fabbo

The 2nd Annual North End Youth Organization (NEYO) Bingo Fundraiser was once again a huge success. Music, dancing, entertainment, raffle prizes, and of course Bingo were all on the evening's agenda. All proceeds raised from this event go directly back to the Nazzaro Community Center, 30 North Bennet Street, to fund various programming for North End youth.

A special thank you to the sponsors, including Boston Bottles, Beacon Bank, Cantina Italiana, DePasquale Ventures, Fisherman's Feast Society, McGovern Automotive Group, the Nazzaro Family, the North End Athletic Association (NEAA), North Street Grille and St. Anthony's Society.

If you missed this year's fun, be on the lookout for future events.

## Most Successful Birth Months

What does it mean to be successful?

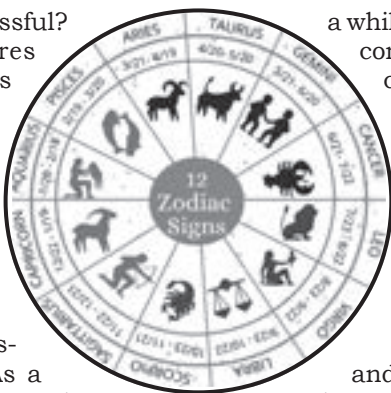
Everyone defines and measures success differently. Success is subjective, so determining who is successful can be difficult. However, spiritual experts and astrologers agree that your birth month can speak to what you find successful and how you achieve your goals and dreams. Each birth month has the potential to be highly successful, but ambitions will differ. As a result, some birth months may reach their milestones sooner than others thanks to their attitude, strengths and motivation.

How successful can you be based on your birth month? People born in every month have their own success stories, so read on to find yours. Failure isn't an option for a January born. Innovative Capricorn and intellectual Aquarius say you were destined for greatness since childhood. December is a close second to January's success, since these winter months share capricious Capricorn. But December is also guided by expansive, hopeful Sagittarius, pushing you to believe in yourself and your dreams.

April rivals the winter months' successes but goes about it differently. April babies are fast paced and action oriented via Aries, but value oriented and noncommittal unless there's guaranteed payout, making you the third most successful birth month. March babies follow close behind April, since these two months share ambitious Aries. However, being born in March means you are also influenced by intuitive, dreamy Pisces. Whatever you dream can become reality as long as you are somewhat realistic with the efforts you have to put in.

Nothing will stand in a July's born way. You owe success to your nurturing, intuitive Cancer energy and the passionate, steadfast Leo energy of your birth month. You possess a deep wisdom that guides your actions and efforts and your self-assurance is backed by confidence. August babies will achieve what they set out to do, eventually. Like July, you have the confident, creative energy of Leo, however being born in August means you also work with the nitpicking, perfectionist Virgo. Don't let Virgo's anxiety stall your efforts to accomplish your goals.

November is energized by rambunctious Sagittarius and granted immense wisdom from Scorpio. You have the tenacity, perseverance, and foresight to ensure your success, but it may take



a while. For September success doesn't come easy because you work with critical Virgo and indecisive Libra. Virgo often feels unsure and insecure out of fear of failure, while Libra is concerned with being judged. You still have a chance to pursue your dreams, but it will require uncharacteristic bravery and courage to take the leap of faith.

October is capable of greatness, and you know it, due to Scorpio's deep, transformative energy. Don't let the Libra side of your birth month become overly concerned with appearances or the fear of unpopularity. Be less concerned with what others may say or think of you and go after your goals and desires. Being born in May means you work with immovable, value-oriented Taurus and flighty, ever-changing Gemini. The Gemini energy alludes you to a short attention span, as you go from goal to goal in search of something better, while Taurus energy won't let you focus on anything that doesn't guarantee success. You're a paradox so success isn't straight forward.

The astrological energy of a February birth month is both a pro and a con. The pro is your guided by rebellious Aquarius, who is not afraid to take risks, while sensitive Pisces is keenly aware of underlying vibrations. You struggle to know what's realistic or plausible when it comes to measuring your success. Once you feel grounded in your dreams and confident in your uniqueness, success can follow.

Unfortunately, June babies are the least likely to have a streamlined success story due to this birth month's cosmic signature. The mentally agile yet restless energy of Gemini makes you bored and unreliable. The sensitive yet moody Cancer temperament suggests you cannot put your feelings aside in your pursuits. Both zodiac signs have their strengths; Gemini is editorial and intelligent. While Cancer is intuitive and authoritative. But your success story is often overshadowed by your ever-changing emotional state and short attention span, so you have to work ten times harder than others.

Each person is unique, so it truly does not matter what dirt sign you're born under. There is no conventional definition of what success is "supposed" to look like. People born in every month have their own success stories, so don't take this fun guide for anything other than its intent, to have a good chuckle.

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## Eating Oatmeal Has Unexpected Benefits on Heart Health

Eating oats for even just a short period of time could have a profound impact on cholesterol levels and heart health. According to a recent study conducted by researchers from the University of Bonn in Germany, adults participated in a two-day trial and consumed a calorie reduced diet almost exclusively of oatmeal for two days. All participants suffered from a metabolic syndrome accosted with a risk of diabetes, including a combination of high body weight, high blood pressure, elevated blood glucose or elevated blood lipid levels.

The 32 participants ate oatmeal, previously boiled in water, three times per day, for a total of 300 grams. They were only permitted to add fruits and vegetables to their meals and consumed around half of their normal caloric intake. A control group was put on a calorie-reduced diet that did not include oats. Although both groups benefited, the cholesterol levels of those on the oat diet "improved significantly," even after six weeks, this effect remained stable.

The author of the study, Marie-Christine Simon, a junior professor at the Institute of Nutritional and Food Science at the University of Bonn, shared in a statement that level of LDL, or "bad" cholesterol, among the oatmeal eating group was reduced by 10%. "That is a substantial reduction, although not entirely comparable to the effect of modern medications," Simon

said. The group also lost two kilos in weight on average, and their blood sugar fell slightly.

Simon concluded that diet influenced microorganisms in the gut, leading to the positive reaction. Simon also concluded that a short-term oat-based diet at regular intervals "could be a well-tolerated way to keep the cholesterol level within the normal range and prevent diabetes."

Certified holistic nutritionist Robin DeCicco said the findings "make sense" because oats have been known to potentially lower LDL cholesterol. "The more beneficial gut bacteria you have in your stomach, in your environment, the more that can reduce or inhibit the production of LDL bad cholesterol," New York based DeCicco stated. Oats are also a whole grain that is naturally low in saturated fat and rich in fiber. "All of those things that are good for a heart-healthy, cholesterol-lowering diet," DeCicco noted.

DeCicco did warn that those who are diabetic, or pre-diabetic, should "be careful" when eating oats.

"While oats can lower cholesterol, they are an overly high-carbohydrate food," she said. "A recommendation for anyone who's watching their blood sugar, and especially who's diabetic, is to eat foods that are lower in starch and higher in protein and fiber, [and to get] their carbohydrates more from vegetables and nuts."



### Remember Your Loved Ones

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## Friends, Romans, Countrymen!

by Laura Carlo

You're cleaning out Great-Grandma's attic and find an old piece of Art Deco furniture that you hadn't ever seen before, or in a dark corner there's a painting that appears to be signed by Picasso! Cheap copies? Or the real deal? It's time for a professional appraisal.

Meet David Manzi, owner of Manzi Personal Property Appraisers and Restoration, LLC. The 2-division company is located in Woburn with a 6500 square foot appraisal office and restoration workshop at 22 Prospect Street, and a collectibles, auctions and consignment store called Manzi Marketplace at 3 Green Street.

For 17 years David had been a Vice President and ultimately the President of another appraisal/restoration company in the area. And then he got ill. "I was hospitalized for weeks the winter and spring before the corona virus even appeared in this country. The doctors didn't know what was wrong with me and kept ordering all kinds of tests. The *New England Journal of Medicine* even did a case study on me. Then one day my fever broke and they sent me home, just like that! No one ever figured it out. It was the craziest thing.

I realized I had to get back to work. I didn't want to start a restoration business given the restrictions of the pandemic shutdown, so I thought I'd only do on-line appraisals instead. That was in April 2021. In June, an insurance adjustor with whom I had worked before asked if I'd just please help out with some items from a Newton house fire. I had never seen a real Picasso before! From that point on, restorations became part of my business again."

In just 5 years the company has gone from being the "new kid on the block" to being a major player in the field. "Most appraisers get 3 to 5 appraisal



David Manzi

**Manzi**  
Appraisers & Restoration

requests a month. We're averaging 5 a week!" I asked why he thought that was? "It's a small business sector, so word of mouth plays a big role. If you prove yourself as ethical, knowledgeable, and skilled, the customers end up finding you." In fact, his customers are not just New Englanders. He has done fine art, furniture and collectibles appraisals and repairs for individuals and estates around the country and around the world, with clients in Canada, Germany, England, Israel and Italy, to name a few. David is the only appraiser at this time. "What's hard is telling people that if it has a value of under \$250 it's just not practical for us to appraise."

Pretty impressive for a boy who grew up in the tough Winter Hill neighborhood of Somerville, famous at the time for mobsters like Whitey Bulger's gang. He shared a story that one day his father took him and his 3 brothers to run some errands. He left the boys in the car when he went into a store for a minute. Two of the brothers started fighting and knocked the car out of "Park"

accidentally. The car started rolling. It was the mobster Stephen "The Rifleman" Flemmi who jumped in to save the kids! "It could have gone worse for us in that neighborhood, but 3 of us entered the military, one Air Force, one Navy, and I joined the Marines. On the very first day on Parris Island, trust me, you learn that however tough you thought you were didn't come close to how tough the drill sergeants were."

After active duty with the Marines, David went to college and majored in history. He followed that with a Master's in Business. He recounted some thoughts he had about the importance of being educated, and doing better than the previous generation, a theme often heard from those of Italian descent.

His great-grandparents on both sides hailed from Italy. By the time he and his brothers were born, the older generations had been here so long and assimilated that no one spoke Italian any more. Even holiday traditions like "The Feast of the 7 Fishes" on Christmas Eve weren't something his family did. He only started experiencing those traditions when he married a fellow Italo-American. "And while all of that, the foods and traditions, are wonderful, to me they may be not as important as the other 'heritage gifts' that were passed down to me. I'm most really proud of the work ethic I learned from my elders. They were tradespeople and worked with their hands. They came here determined to make a better life for themselves and their children. Even my dad was a barber by day and a musician at night with his Ed Manzi Orchestra. I learned from that. I knew I wanted to build something, too, and not just for me. I wanted to create a "legacy company" in the hopes that one or more of my children, or even my grandchildren, would want to carry on with the business I started for them."

Visit the website, manziappraisers.com and you'll learn a lot about the appraisal process and restorations for fire, water or age-damaged artworks, furniture, and collectibles. The company also provides transportation of these goods, storage, and inventory services for estates, museums, libraries and more.

And if you click on the "Before & After" restoration photos, you'll see a couple of ties to the North End, too, specifically the historic angels from the Old North Church (his company's work was the first time anyone had ever cleaned and restored them), and a fire-charred bell from a Williamstown, Vermont church which was made at Paul Revere's Boston foundry!

Preserving the past so it can teach and delight future generations.

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## Ieri e Oggi

Yesterday & Today

A COLUMN OF PAST AND CURRENT EVENTS

by Bennett Molinari & Richard Molinari



The Library of Alexandria — In Alexandria, Egypt, was one of the largest and most significant libraries of the ancient world. The library was part of a larger research institution called the Mouseion, which was dedicated to the Muses, the nine goddesses of the arts. The idea of a universal library in Alexandria

may have been proposed by Demetrius of Phalerum, an exiled Athenian statesman living in Alexandria. The library itself was probably not built until the reign of Ptolemy II.

The library quickly acquired many papyrus scrolls, owing largely to the Ptolemaic kings. It is unknown precisely how many scrolls were housed at any given time, but estimates range from 40,000 to 400,000 at its height.

The influence of the Library declined gradually over the centuries. This decline began with the purging of intellectuals from Alexandria in 145 BC which resulted in Aristarchus of Samothrace, the head librarian, resigning and exiling himself to Cyprus. Many other scholars, fled to other cities, where they continued teaching. The Library, or part of its collection, was accidentally burned by Julius Caesar during his civil war in 48 BC, but it is unclear how much was actually destroyed and it seems to have either survived or been rebuilt shortly thereafter.

The Library dwindled during the Roman period, from a lack of funding and support. Its membership appears to have ceased by the 260AD. Between 270 and 275 AD, Alexandria saw a Palmyrene invasion and an imperial counterattack that probably destroyed whatever remained of the Library,

The daughter library in the Serapeum may have survived after the main Library's destruction. The Serapeum, mainly used as a gathering place for Neoplatonist philosophers was vandalized and demolished in 391 AD under a decree issued by bishop Theophilus of Alexandria.

**SAVE THE DATE!**

**NORTH END CARES**

*Annual Easter Party*

Don't miss one of the sweetest events of the year. On Saturday, March 28, from 10:00 a.m. - 12 noon, at the Nazzaro Community Center, 30 North Bennet Street. North End Cares will host this **free** event, all thanks to the generosity of board member Mikey "Fud" Giannasoli, in loving memory of Florence and Richard Giannasoli.

Please join the North End Cares board members in making Easter themed arts and crafts, face painting, balloon artist and a very special visit from the Easter Bunny. All are welcome to join the fun!

**NORTH END CARES**  
*Easter Party*  
Saturday, March 28th  
10:00am - 12:00pm Nazzaro Center

Special Visit from the Easter Bunny,  
Arts & Crafts, Sweets,  
Face Painting, Balloons & more!

Generously sponsored by  
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## Saint Alena

by Bennett Molinari and Richard Molinari

Saint Alena was born just outside Brussels, Belgium, in the seventh century. She was baptized without the knowledge of her pagan parents, the nobleman Levold and his wife Hildegaart.

Alena secretly attended the Christian services giving varying excuses to her parents. One night her father told his guards to follow her and, after tracking her for quite some time, they witnessed Alena entering a chapel in Vorst. Her father believed that Christians had bewitched her into conversion, and ordered that she be arrested.

When her father's guards attempted to arrest her she resisted. During the struggle, her arm was severed, and she



S. Alena di Forest v. n.  
M. G. G. G. G.

offered her soul up to God. It is said the arm was taken by an angel and placed before the altar in the chapel where she regularly worshiped.

As a Christian, she had to attend Mass secretly. She subsequently passed away in prison due to her injuries.

It is written that miracles were claimed at the burial site of Alena's body, and one of Levold's subjects, Duke Omundus, had his sight restored by invoking Alena in prayer.

Alena's parents were astonished by the miracles, the witness given by her determined faith, caused them to examine Christianity, and they themselves.

The Feast day of Saint Alena is June 18.

## Famous Food

*Invented by Accident Over 60 Years Ago, are Still Going Strong*

The 1960s was the decade of experimentation, in many ways, including food, and is often referred to as the turning point for American food culture. Convenience foods exploded, fast food chains expanded nationwide and snack companies became household names. In fact, some of the most famous foods people still eat today were unplanned, originating from mistakes, mishaps and unexpected surprises. Whether it was a recipe gone wrong, a manufacturing glitch, or someone improvising with what they had, these accidental inventions became icons.

The creation of Pringles was a result of broken chips and stale packaging. Snack companies were trying to engineer a better potato chip experience, and experimentation led to a totally new kind of chip, uniform, stackable, and packaged in a tube. All the result of trial error, and a major rethink of what a potato chip could be. pop\*tarts® were born from a convenience food race. The goal was to create a toaster pastry that could remain on a pantry shelf for an extended period of time without spoiling. Early versions weren't perfect, and plenty of testing went into making the filling stay without leaking or burning. What began as a manufacturing challenge turned into one of the most iconic breakfast foods ever.



Doritos are one of the most famous accident foods of all time. In the early 1960s, a Disneyland restaurant had leftover tortillas that were being thrown away. Instead, they were cut up, fried, and seasoned, quickly becoming a hit. That happy accident led to Doritos, which launched nationally later in the decade and became a snack legend. Cool Whip wasn't quite a kitchen slip up, but did come from experimentation with whipped toppings that could last longer than traditional whipped cream. The accidental magic became a seal-stable, fluffy and convenient dessert staple.



Slushies became popular when a soda was accidentally left in the freezer and turned into a slushy texture that people loved. That "mistake" became a blueprint for the frozen drinks

we now see everywhere from convenience stores to movie theaters. Frozen pizza became a mainstream staple in the 1960s, with much of it coming from trial and error. Early frozen pizzas didn't always bake evenly, crusts could get soggy, and toppings could taste strange. But the experimentation paid off, and frozen pizza became one of the most popular convenience foods ever.

The McDonald's Filet-O-Fish was created out of necessity rather than careful planning. A McDonald's franchise owner noticed sales dropping on Friday due to religious practices that avoided meat. So he experimented with a fish sandwich. What began as a practical solution became a fast food classic. Another of McDonald's successes was the Shamrock Shake born accidentally through a seasonal experiment. McDonald's was testing limited time offerings, and the minty green shake quickly became a beloved tradition. It wasn't meant to become a cultural staple, but the novelty and timing turned it into a recurring favorite.

Bugles are another snack shaped by experimentation. Their signature cone shape came from manufacturing innovation, and likely plenty of "oops" moments during development. But that unusual shape made them stand out, and they quickly became a uniquely recognizable snack that people still love today. Chex mix had been around for a while but it became a party staple thanks to recipe cards and the rise of "hostess culture." People experimented with snack mixes using cereal, pretzels, nuts, and seasonings. A casual make it with what you have concept became a classic American snack tradition.

Buffalo wings were famously invented by accident in the 1960s when a bar needed a quick late-night snack and improvised what they had, chicken wings, hot sauce, and butter. Was started as a spur of the moment solution became one of the most iconic bar foods in the world. 1960s experimentation and accidents turned into iconic brands still in existence today.

## East Boston's "After Snow" Clean-Up



District 1 City Councilor Gabriela Coletta Zapata and State Representative Adrian Madaro with the assistance of City of Boston Departments, residents, neighbors and volunteers join together to clean the East Boston streets after long cold winter snow storms.

Team Eastie Clean and Green was out in full force last week. Over the past few months, trash began to accumulate on neighborhood streets following the recent snow storms, so the community jumped into action without hesitation to clear and clean the streets. It was a wonderful show

of support amongst neighbors. More clean ups to come, so be on the lookout on how to participate. Thank you to District 1 City Councilor Gabriela Coletta Zapata, State Representative Adrian Madaro, the City of Boston and to all the volunteers for your dedication to your neighborhood.

## Love Your Block

*Registration is Open*

Boston Mayor Michelle Wu and the Mayor's Office of Civic Organizing invites you to join your neighbors across the city for an annual city-wide clean-up on Friday, April 24, Saturday, April 25, and Saturday, May 2. Whether you

host a clean-up site or volunteer, don't miss the opportunity to care for your neighborhood and connect with your community.

Please sign up by March 30 at [Boston.gov/love-your-block](https://boston.gov/love-your-block).

**HOST A SITE**

Interested in hosting a Love Your Block cleanup? Civic Organizing will provide tools and support.

- Identify a location in your neighborhood
- Choose a project type
- Plan with a team
- Register by March 30, 2026
- Spread the word & recruit volunteers
- Host your Love Your Block cleanup

Learn more at [boston.gov/love-your-block](https://boston.gov/love-your-block)

CITY OF BOSTON | Civic Organizing | Boston Public Health

**APPLY NOW!**

**NEIGHBORHOOD CLEANUPS**  
APRIL 24, 25 & MAY 2, 2026

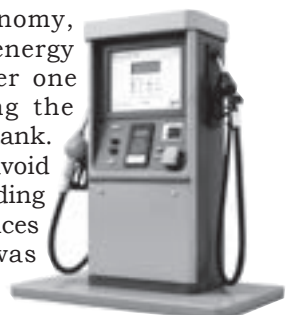
Register by March 30, 2026, to host or join a cleanup. Learn more at [boston.gov/love-your-block](https://boston.gov/love-your-block)

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## WORST AND BEST DAY OF THE WEEK TO

*Fill Up the Gas Tank*

With the current state of the economy, rising food prices and the inflated energy costs, trying to save money wherever one can could be as simple as choosing the right day to fill up their vehicle's gas tank. According to GasBuddy, you should avoid filling up your tank on Thursday. Heading into the high demand weekend, gas prices tend to spike on Thursday, which was the most costly day to fill up in 28 states. Wednesday is also a day to avoid, as it is the second most expensive day for gas.



The best day of the week to buy gas is Monday. Gas prices were lowest on Mondays in 17 states, representing a bright side to the start of the work week. Tuesday is the second best day to fill up your tank. Lower demand could be a factor, but whatever the reason, drivers can save by filling up at the start of the week.



**SIMON HANES  
GARGANTUA (CD)  
Pyroclastic Records**

Composer Simon Hanes has crafted a daring and irreverent set of music titled *GARGANTUA*. The ensemble Hayes assembled for *GARGANTUA* is as over-the-top as the music he's penned for it. The music is scored for three drum sets, three electric basses, three trombones, three French horns and three soprano voices (Priya Carlberg, Isa Crespo Pardo, Jolee Gordon). To compose the music, Hanes spent three weeks in artistic isolation in Hawai'i Volcanoes National Park, where the towering beauty and potential for violent eruption made its own impact on the compositional process. Thematically, certain movements are united by common themes and underlying emotions: "A Series Of Waves Tremble In A Sea Of Blood," "Moirai," and "I Am" are shaped by a feeling of deep reverence, a grave awareness of the delicacy of life and a sense of profound hidden meaning. "Knockandrow," "Lacerated By A Flying Shard," and "Submit To The Fabulosity" are written in a bawdy, satiric spirit. "Gigantes, Lucifer/Aureum Chaos" and "Hekla 1970" are imbued with a feeling of "ecstatic," explosive terror — a concept which has been a fundamental part of the album's compositional process, and is reflected in Hane's obsession with the scientific and mythological power of volcanoes. "The Number Of The Beast Is 666," is a brassy rococo piece with almost completely non-functional harmony, odd time signatures, and a sense of regal grandiosity, breaking any and all expectations of what an ensemble as eclectic as *GARGANTUA*'s is capable of.

**JAVON JACKSON –  
JACKSON PLAYS DYLAN  
(CD)  
Solid Jackson/Palmetto  
Records**

Saxophonist Javon Jackson explores the music of the iconic singer-songwriter, Rock and Roll Hall of Famer, and Nobel and Pulitzer Prize winner Bob Dylan. *Jackson Plays Dylan* finds the saxophonist delving into songs spanning more than three decades of the legendary songwriter's career, from still-poignant folk anthems to incisive and timeless love songs. Jackson is joined on the album by pianist and keyboardist Jeremy Manasia, bassist Isaac Levine, drummer Ryan Sands, and Grammy-winning guest vocalists Lisa Fischer and Nicole Zuraitis. The 1999 film drama, *The Hurricane* starring Denzel Washington as Rubin "Hurricane" Carter, is about a black middleweight boxer who spent more than 18 years in prison for a murder that he didn't commit. The film brought renewed attention to Dylan's 1976 song "Hurricane," which denounces the criminal justice system and its use of racial profiling to falsely convict Carter. The album opens with Jackson's groove-fueled tribute to his subject, "One for Bob Dylan," leading

directly into one of Dylan's most iconic works, "Blowin' in the Wind." Another timeless early classic, "The Times They Are A-Changin'," gathers strength as the song proceeds, progressing from lament to resistance. The bristling "Hurricane" leads into a vigorous "Gotta Serve Somebody" that features the vocal power of Fischer. "Lay, Lady, Lay" is given a sultry treatment, with Levine trading the melody with Jackson as Manasia sets the mood on Rhodes. The album concludes with its most recent inclusion, 1997's "Make You Feel My Love," showcasing Jackson's exquisite ballad playing over the rhythm section's tender backing. Vocalist Zuraitis, lends a wistful yearning to "Forever Young," an oft-reprised favorite from 1974's *Planet Waves*. Zuraitis. "Tombstone Blues" and "Like a Rolling Stone" are both taken from 1965's landmark *Highway 61 Revisited*; the former is given a Coltranesque modal revision, while the latter is transformed with a rollicking gospel feel. Jackson's uptempo, swinging "Mr. Tambourine Man" reflects his interpretation of the tune as a mentorship song.

**CALEB WHEELER CURTIS  
- RITUAL (CD)  
Chill Tone Records**

There's a ritualistic aspect to nearly every step in the process of making music. Most of us only witness the final, communal ritual — the performance in which we, as audience, play a vital role. On his thrilling new album, *Ritual*, multi-instrumentalist Caleb Wheeler Curtis celebrates the myriad smaller rituals that lead to that ultimate moment of creation: the countless choices, the endless hours of practice, the wealth of experiences on and off the stage, the values shared by the musicians. Alongside the leader, who continues to focus on the stritch — the straight alto named by Rahsaan Roland Kirk, which Curtis has adopted as both an extension and reinvention of his distinctive saxophone voice — is a stellar band that includes tenor saxophonist and flutist Henry Paz, guitarist Emmanuel Michael, pianist Orrin Evans, bassist Vicente Archer and drummer Michael Sarin. "Fantasmas" serves as an incantatory opening to the ritual of the album itself, featuring the core quartet of Curtis, Michael, Archer and Sarin. The mood becomes more placid on "Florence," which marks Evans' first appearance on the album and is named for a "lake within a lake" on Lake Michigan's South Manitou Island. The full sextet remains for the urgent "Black Box Extraction," and Curtis and Evans pair off for the brief, tender duet "You Can't Just Keep the Music." Paz switches to the flute for "Pond" and "Tenastic," the blend between flute, piano and guitar. The sound is lush and mysterious on "Pond," wiry and propulsive on "Tenastic." Curtis' wistful soprano melds with Sarin's rustling brushwork and the faint sound of Michael's fingers on strings to bring a hushed optimism to "The End of Power."

The time has come, the walrus said,

**TO TALK OF MANY THINGS  
of shoes and ships and sealing wax of cabbages and kings**

by Sal Giarratani

**THE KUHNERMAN  
SEEMS LIKE HE'S TRYING  
TO CONVINCe HIMSELF  
THE WAR IN IRAN  
IS GOING SWELL**

This morning while driving to work on the expressway I was listening to Jeff Kuhner on my car radio and it seemed like he was trying to convince himself that everything was going swimmingly over in Iran, which I disagree with.

When this war started Trump and the Republicans were talking about getting the war done within weeks. The president seemed to think once we started bombing, the people would rise up and overthrow the Ayatollah and his mullahs. Well that didn't happen, did it?

Maybe it's because I am older than Jeff and I've seen a lot in life. I knew Iran wouldn't go down easily. This war we're in would take much longer than weeks and had the potential to turn into a protracted fight. I wondered what would happen if the people of Iran didn't uprising or if they couldn't do it.

**THE DIRE  
STRAIT OF HORMUZ?**

Now according to many like Jeff Kuhner, it is now about opening up the Strait of Hormuz as oil prices soar. President Trump recently asked for help from our European NATO allies to get the oil flowing again but apparently those countries don't think this is their fight. On this I agree with Kuhner.

Listen, the price of gasoline at the pumps is soaring higher and higher. In the past four weeks, I have seen the price going up 76 cents from \$2.69 to \$3.49. Iran looks like it is staying put with the same old anti-American Islamic Republic staying in power. Whatever we

are going to do we need to do it soon and get the heck out of this war. I don't want Iran turning into Afghanistan. Do we have an exit plan yet?

**"SHORT-TERM"  
DISRUPTION IN  
GAS PUMP PRICING?**

Energy Secretary Chris Wright predicted that Americans will continue to experience the pinch in their wallets at the pump for the "next few weeks," but he was hopeful that prices could drop down to below \$3.00 a gallon by summer.

However, if history is an indicator, gas prices soar in mere days but it takes many months to drop back down. Let us pray and hope this Iran thing doesn't last too much longer.

The Republicans should be praying for that too, or the midterms could be devastating for the GOP in the fall. The last thing we all need is the Democrats taking back the House.

**CLASSIC ROCK RECORD**

Pink Floyd guitarist David Gilmour's legendary 1969 Black Strat shattered the record for the most expensive guitar ever sold at auction as it went for \$14.5 million. Gilmour played this very guitar on recordings like "The Dark Side of the Moon" (1973) and "The Wall" (1979). Another guitar played by Kurt Cobain in the "Smells Like Teen Spirit" music video — a 1969 Fender Mustang — was also auctioned off the same evening for \$6.9 million.

**JON KELLER**

**RETURNING TO WBZ-TV**

Longtime political analyst Jon Keller is returning to WBZ-TV after he was let go from the CBS Boston TV station last year amid widespread Paramount layoffs. He returned as a special contributor on March 16. Five

employees were cut at WBZ in that round of layoffs last October. *Keller @ Large*, his interview show, resumes this Sunday morning at 8:30 a.m. His guest will be Gov. Maura Healey. Welcome back Jon!

**JUDGE TAKES A BIG SWING  
AT THIS HEAD MOVE**

A federal judge in Washington issued quite the dissent when he slammed his colleagues on the bench for forcing a female only nude spa to serve trans women. Said Judge Lawrence VanDyke on the Ninth Circuit Court of Appeals, "Sometimes it feels like the supposed adults in the room have collectively lost their minds." The majority on the court followed current state law but VanDyke stated the law has been applied in "a perverse way" that puts women and young girls at risk.

**REACTION FROM A  
FORMER STREET  
MEAT VENDOR**

For over five years I worked with Johnny TwoDog over at Faneuil Hall Marketplace selling sausages, steak and cheese and hot dogs, right across the street from the Black Rose. I loved working St. Patrick's night. One year I made almost \$500 selling the stuff to endless drunks all dressed in green. I used to call myself the "Last Responder."

The sights were unbelievable. I could write a book on that experience. However, I never saw any sausage guys ever fighting one another. We were all too busy making those greasy sandwiches. Everybody has their spot and you never took anyone else's spot, it's the unwritten rule. However, recently in Central Park, two vendors got into a scuffle with a knife. Hopefully they'll keep those kinds of vendors down in NYC!

• **News Briefs** (Continued from Page 1)

**Vegas Cops  
Defy Court Order**

A Las Vegas judge is threatening to hold police in contempt for refusing to release a violent career criminal with 35 busts on his rap sheet — a legal scrap testing the power of the bench over the badge. Las

Vegas Metro Police are challenging the authority of the judge over the fate of a 36-year-old career criminal whose priors include involuntary manslaughter, drugs and car theft. The judge wants him released with an ankle monitor, but the police department says he's

too dangerous to cut loose ... "This is an issue of public safety."

**End Quote**

Forty days and Senate Democrats have yet to sit down ... to have a conversation about a pathway forward.

— U.S. Sen. Katie Britt, R-Ala

• **Natural Gas Delivery Charges** (Continued from Page 3)

state mandated programs like energy efficiency initiatives. All of these costs are bundled into the delivery portion of your bill.

One of the biggest drivers of high delivery charges is public policy. Massachusetts requires utilities to fund programs such as *Mass Save*, which provides energy efficiency upgrades, insulation, and rebates. These programs are funded through delivery charges on customer bills. In recent years, these costs have increased significantly, as utility companies have requested and received increases from the state. Delivery charges in Massachusetts have risen sharply, sometimes 30% to nearly 40% higher, largely due to these mandated programs.

There are three main reasons delivery charges exceed supply costs, and none of them

will make you, as a consumer, feel any better. First, gas supply prices fluctuate. Natural gas prices are set by global markets. When prices drop, the supply portion of your bill decreases, but the delivery charges stay the same. Second, infrastructure costs are fixed and rising. Pipeline and maintenance costs don't decrease just because you use less gas. In fact, because Massachusetts pushes toward cleaner energy, it doesn't matter even if fewer customers are using gas, the system still needs to be maintained. Third, energy efficiency programs, renewable energy initiatives, and assistance programs are all funded through delivery charges, and these costs continue to increase. Even for those of us not using these programs or initiatives, we are still required to pay for them, a

fact that hits an average household particularly hard.

Historically, most of the gas bill went toward the fuel itself, but that's no longer the case. Today in Massachusetts, approximately two-thirds of a typical gas bill can go toward delivery, as my most recent gas bill reflects. In actuality, only about one-third pays for the actual gas, something our state elected officials should be ashamed of.

National Grid and other utility companies delivery charges are higher than the cost of gas not because of a single factor, but it still remains an extremely frustrating situation for Massachusetts consumers, as these charges are regulated and approved by the state, and are unlikely to decrease significantly without major policy or system changes!

# Nanna & Babbononno

by John Christoforo

A Nostalgic Remembrance



I was in grammar school and was home for a week with either the measles or chicken pox, I'm not sure. As I recuperated, I felt better and was out of bed most of the time. As there was a period of semi-quarantine back then, Mom didn't dare let me out of the house. As a result, I was in the kitchen most of the time watching Nanna get the dinner menu ready. There was only so much playing with toys and reading books that I could stand before becoming bored, and watching Nanna afforded me whatever cooking skills I learned.

My grandmother had learned how to cook back on the family farm in Avellino watching her mother make the daily meals, but being unable to read, she only knew portions by what we might call the trial-and-error method. After several formative years of practice, Nanna became a good cook. As I watched her cook a generation later, she could only give me proportions and amounts by saying, "A pinch of this, a spoon of that," and that was the way I learned. Of course, seeing I was the first-born male in an Italian family, I was the second coming and whatever I wanted was granted.

During my convalescence, I wanted to try my hand at cooking. With Nanna's guidance, I set out to explore my culinary skills. Today, we buy everything pre-made: pasta, gravy, sausages, meatballs, canned or frozen vegetables, pre-packaged lettuce or salad ingredients, salad dressing ... you name it, it comes wrapped, bottled, canned, packaged, frozen, dehydrated or pre-mixed from a supermarket. Nanna would have none of this. She made everything from scratch.

That first day that I felt well enough to stay with her in the kitchen was a Monday. Dinner was to be chicken soup with escarole and pastina, roasted chicken, string beans sautéed in garlic and oil, salad and dessert. She began by showing me how to make the chicken broth by boiling a chicken. When the soup was ready, she would have kept parts of the bird in the pot, the neck, the feet, the heart, the gizzard and other organs. The rest of the chicken was left out on the table to be picked at for lunch. For dinner, she cleaned the other chickens, stuffed them with homemade egg stuffing and baked them in the oven. These were not chickens purchased on a disposable tray and covered with plastic wrap. They were purchased live at a slaughterhouse and killed,

cleaned and dressed just for her. The vegetables were fresh, having been purchased from a green grocer. As a result, I learned how to cook a Monday chicken.

By Friday, I knew how to cook lamb chops, pork chops, stuffed veal, all with an array of vegetables and salad. Friday was fish day. If you were Catholic, you weren't allowed to eat meat on Friday. This meant that either Nanna or Mom would head to the fish store and pick up the makings of a Friday night dinner. Faber's Fish Market was a fifteen-minute walk down the Brooks Street hill from Eutaw Street. On that Friday, I learned how to clean and prepare smelts for the first course. The second fish might be cod and Nanna made it two or three ways, plain baked for Babbononno, broiled with bread crumbs and seasoning for the rest of the family and a few pieces to flavor the linguini which she would make aglio-olio (garlic and oil).

On Saturday, it was steak, but Nanna taught me how to make steak pizzola, a dish I still love to this day. The highlight of the week was Sunday dinner. Back then, regardless of what was going on it was family Sunday dinner with Nanna and Babbononno.

That Sunday, I got up at about 5:00 a.m. with Nanna. She was going to show me how to make gravy, the sauce that was a traditional necessity for the pasta and meat courses. She would start by searing spare ribs and pieces of pork in olive oil and garlic. Then she would add tomatoes, and later, maybe, a can of tomato paste, but this was after she had added in a pinch of basil, a pinch of oregano, a pinch of mint, par cooked ground beef, and later her par cooked meats, which included meatballs and sausages. Of course she had to taste everything every few minutes to make sure they weren't any mistakes. When this large pan of gravy was ready to just simmer, it was time to make the pasta.

Babbononno had a machinist friend make a stainless-steel rolling pin with V shaped grooves sometime back before I was born and Nanna used it every time she made spaghetti. She didn't buy a box of spaghetti that is hard and dry and might have been in the cardboard box for months. She made her pasta fresh ... from scratch. I watched her pour out a mound of King Arthur flour, make a hole in the middle, crack in several eggs, beat them, add semolina, salt and maybe a bit of yeast to taste, and roll the

entire mix until she had the dough for the pasta. Then she let it stand on a dish under a damp dish cloth, which she called a mappina, and when it had risen and was ready to be rolled out, she dusted her cutting board with flour, rolled a piece of dough until it was a flat circle and using Babbononno's invention, cut it into strips of spaghetti.

Later, she would choose which vegetables she would add in to her dinner, and sauté them with oil and garlic. When all was said and done, the feast would be ready for the table, and of course, had to be accompanied by a couple of bottles of Zi'Antonio's best homemade red wine. Zio Antonio was Nanna's oldest brother and Babbononno's best friend. According to Babbononno, he was the best winemaker in either East Boston or the North End. (I remember his wine. It was THAT good — and I'm not a wine lover.)

That was the way I learned to cook as a kid, watching my grandmother prepare fresh food adding in a pinch of this, a pinch of that. Mom learned Nanna's secrets a generation before I was born, but even though she was a good cook, Nanna was a great cook.

That was many years ago, and now I'm the old-timer in the family. Periodically, when I have time, I will cook, but I usually don't have the time. With our schedules, it's easier to get take-out or head to a local inexpensive restaurant and have them do the dirty work. In spite of the time restrictions and crazy schedules, I still like home cooked Italian food.

My sons, John and Michael, seem to have picked up the desire to cook and maybe inherited the talent to make a gravy and prepare either fish or meat the way I like them. Nanna and Babbononno would be proud of them and their abilities in the kitchen, but they passed away long before my sons were born. My father would watch my sons when they were kids trying to cook in our kitchen, and say, "Those kids are going to be chips off the old block." Dad knew how to cook, too, and saw John and Michael's potential. If Dad was here today, I would take his word for it.

**GOD BLESS AMERICA**

## LEGAL NOTICE

### NOTICE OF PUBLIC SALE

**Todisco Services, Inc.**, with its corporate office located at **147A Summit Street, Peabody, MA 01960**, under the provisions of Mass G.L.c.255, Section 39A, will sell the following vehicles on or after **April 06, 2026** by public or private sale to satisfy a lien for towing, storage, and all other fees due.

- 2019 NISSAN KICKS**  
Vin #3N1CP5CU9KL509355
- 2015 HYUNDAI SONATA**  
Vin #5NPE34AF9FH146836
- 2008 TOYOTA RAV4**  
Vin #JTMBD33V586060483
- 2006 VOLKSWAGEN JETTA**  
Vin #3VVWRG71K56M679410

Vehicles may be seen by appointment only. Please email for specific information [info@todiscotowing.com](mailto:info@todiscotowing.com)

Run dates: 03/13, 03/20, 03/27/2026



by  
**Marianna  
Bisignano**

**Pane di Pasqua** Italian Easter Bread is rich in symbolism. While varying among the regions of Italy, most are shaped or decorated in ways that uniquely depict the story of Easter. From the southern regions come the popular braided wreath shaped loaves. Typically studded with colored eggs and delicately flavored with citrus and anise, these represent the crown of thorns worn by Jesus Christ at the crucifixion. The three pieces of braided dough symbolize the three elements of the Holy Trinity and the eggs represent birth or rebirth of the risen Christ. The Lombardy region of Northern Italy is origin of **Colomba di Pasqua**, the dove-shaped deliciously sweet panettone-like bread symbolizing peace and hope. In Sicily you'll find the **Pupì cu L'uova** dolls with bread. These small bread or cookie-like sweets represent abundance. Shaped like dolls (for girls), roosters or doves (for boys), and hearts (for loved ones), each are decorated with a dyed egg and crossed with strips of dough. This Sicilian tradition is one that children look forward to each year!

Most Italians have their own family recipe for **Pane di Pasqua** that has been handed down through the generations. In Sicily, my Bisnonna made the **Pupì cu L'uova** to give out to her children, and years later her grandchildren. My Nonna had many different recipes she'd make, each fabulous in their own way. However, the one I am sharing with you today is somewhat different from the rest. Made in a tube pan, **Pane Dolce Di Pasqua** Easter Sweet Bread is unique in shape yet filled with flavor. It unmolds beautifully, is easy to slice and serve, and makes a festive presentation on your Easter table!

## EASTER SWEET BREAD *Pane Dolce Di Pasqua*



### Sweet Bread

- 2 packets yeast (or 4 ½ teaspoons)
- 1 cup whole milk
- ½ pound butter, melted and cooled
- 1 cup sugar
- 10 eggs
- Grated rind of 1 lemon
- Grated rind of 1 orange
- 2 teaspoons vanilla bean paste (or extract)
- 1 teaspoon anise extract or anisette or sambuca liqueur
- ¼ teaspoon salt
- 7 cups all-purpose flour (more if needed)

### Icing

- 2-3 cups confectioners' sugar
- 3-4 tablespoons milk
- 1 teaspoons lemon, vanilla, anise extract or anisette or sambuca liqueur
- nonpareils

Grease and flour a 10-inch tube pan and set aside.

Warm ¼ cup of the milk until just lukewarm (not hot). Pour into a small bowl, add the yeast, and let sit until dissolved and slightly foamy.

In a large mixing bowl, combine the melted butter and sugar. Beat until smooth and pale yellow. Add the eggs one at a time, beating well after each addition. Stir in the lemon and orange zest, vanilla, anise extract or liqueur and salt, mixing until well combined. Add the yeast mixture and blend thoroughly. Begin adding the flour, one cup at a time, alternating with the remaining ¾ cup milk, mixing well after each addition. Continue until a thick, sticky dough forms. If needed, add a little more flour, one tablespoon at a time.

Spread the dough evenly into the prepared tube pan. Cover with a clean towel and place in a warm, draft-free spot until doubled in size. Preheat the oven to 350°F (175°C).

Bake for 40-50 minutes (or longer, depending on your oven), until golden and a long skewer or toothpick inserted into the center comes out clean. Allow the bread to cool, then carefully remove from the pan and place on a wire rack

To make the icing, in a medium bowl, whisk together the confectioners' sugar, milk, and extract or liqueur, until smooth. Adjust consistency as needed, adding more sugar if too thin or more milk if too thick. Drizzle the icing generously over the cooled bread and finish with a sprinkle of colorful nonpareils.

Marianna Bisignano is a psychologist for the Boston Public Schools and can be reached at [bisignanomarianna@gmail.com](mailto:bisignanomarianna@gmail.com)

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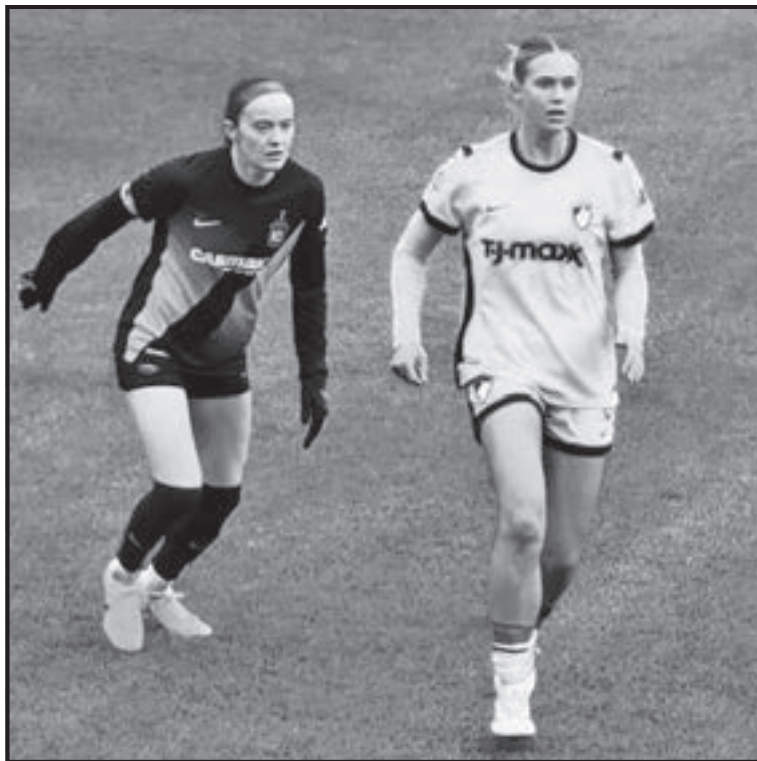
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## A New Sports Legacy Kicked off at Gillette Stadium with Record Breaking Attendance

by Angela Cornacchio



**Former Breaker Rose Lavelle returned to Boston as an NWSL Champion with Gotham FC after starting her rookie year here in the Hub.**

A new era of sports "Legacy" has begun which brings professional women's soccer to the City of Boston. After the Boston Breakers folding in 2017, the Commonwealth has been without professional competition until now. Nine years later, a conversation that took three years to produce and backed by four bold businesswomen who can now say Boston is back at the highest level and the Legacy have kicked off in the NWSL.

Gillette Stadium, home to our beloved New England Patriots and Revolution welcomed in a new addition for the inaugural NWSL opener this past Saturday. Fans began to gather in full tailgate tradition right at 10:00 a.m., opening gate time. There were supporters from all over the country including neighboring New York and their Gotham FC currently the NWSL Champions who were the opponent.

As game time drew near, common football form drew as fans began to chant and sing as they waived their neon green, hot pink and black team merchandise with the storytelling "Boston Common" swan logo. Seats began to fill in what turned out to be a record-breaking crowd of 30,207 spectators, the largest ever NWSL inaugural home opener.

For weeks billboards were plastered with four of Boston's biggest legends to headline the show. The iconic New Kids on the Block, "The Boys" from Dorchester, opened the



**The iconic New Kids on the Block, "The Boys" from Dorchester, opened the pre-game ceremony for the Legacy by taking penalty kicks on the pitch and followed with a halftime performance of their best hits.**

pre-game ceremony for the Legacy by taking penalty kicks on the pitch. That wasn't the end of the singing sensation, a stage was set, a crowd gathered for a full halftime performance of their best hits dedicating "Hangin Tuff" to the Legacy.

The main attraction began in true New England form coming out strong and making a statement that this is Boston and you must earn the right to step onto our field. The Legacy held the defending NWSL

champions to a 0-0 through the first 45-minutes, which proved what they can bring being Gotham's roster holds U.S. Women's National Team World Cup winners, MVPs, and league veterans. The match was a debut for the newly-installed authentic grass for the upcoming men's World Cup.

The Legacy had prime passing in the middle of the pitch and dominated possession. It was in the 55<sup>th</sup> minute Esther González who came on as a second half substitute finished a chance after a cross from defender Lilly Reale, a Massachusetts native. The energy of the crowd kept Boston fighting as the iconic wave made its way through the stadium, yet it was more than Gotham they were battling against. The officials handed out nine yellow cards to eight different players. Five on the Legacy, including two on St. Georges, who was sent off in the 77<sup>th</sup> minute leaving the

## Grow Your Own Fresh Vegetables and Save

by Melinda Myers



**A single tomato plant can produce an average of eight pounds or more of tomatoes.**

(Photo courtesy of All-America Selections)

With escalating food prices, now is a great time to start growing some of your own vegetables. Not only can you save money, but you'll enjoy great flavor and maximum nutritional value.

Take time to do a bit of planning. Your first trip to the garden center can result in buying more plants than the space and time you have available to grow and tend. Consider growing what you and your family like to eat fresh. Some vegetables, like greens, broccoli and peas, taste best when harvested from the garden and served the same day.

Include vegetables that are used in many of your favorite recipes. Even a few garden-fresh vegetables can boost the flavor of any dish.

Focus on vegetables that help reduce your food budget. Grow those that are more expensive to purchase or provide a large harvest for the available space. Tomatoes, greens, and sweet peppers are a few favorites to consider. Sweet corn is fun and delicious to grow but requires more space than a single tomato plant which can produce an average of eight pounds or more of tomatoes per plant.

Once you have your list of vegetables you want to grow, start laying out the garden. Vegetables that produce fruit we eat, like tomatoes, peppers and squash, produce best when grown in full sun. Root crops, like radishes and carrots, prefer full sun but can tolerate some shade, while greens are the most shade tolerant.

Check spacing requirements for each vegetable as you plan your garden. Seed packets, plant tags, gardening catalogs, and websites, including your local University Extension Service, can help. More compact varieties need less space than their larger counterparts. Consider growing these if space is limited or when gardening in containers and elevated planters.

If you are feeling stuck, check out one of the many preplanned gardens you can find online. You may not find exactly what you are looking for, but you may find it easier to adapt an existing plan than starting from scratch.

Increase your harvest without expanding your garden with *space-saving growing techniques*. Grow vegetables in wide rows, providing the plants with just enough space to reach full size. Make sure all parts are accessible from the surrounding pathways.

Plant short-season vegetables, like lettuce, radishes and beets, in between those that need more space like tomatoes and peppers. You'll be harvesting the quick-maturing vegetables by the time the bigger plants need the space.

Train vining crops, like cucumber, squash and melons, onto a support. You'll save valuable garden space, reduce the risk of disease and make harvesting much easier. Create a sling from cloth or macramé and attach it to the support to prevent the weight of large squash and melons from breaking the vines.

Save even more time and money by talking with your gardening friends and family. Gardeners are some of the most generous people who are willing to share their knowledge, tools, seeds and transplants.

Learn more about growing your own fresh produce by attending my free webinar *Getting Started Growing Vegetable and Flower Gardens* on March 26, 2026 at 6:30 p.m. CT. It's free but you must register. Visit my website [MelindaMyers.com](http://MelindaMyers.com) for details and if you can't attend live, the recording and handout will be available at your convenience.

Melinda Myers has written more than 20 gardening books, including the *Midwest Gardener's Handbook, 2<sup>nd</sup> Edition* and *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* streaming courses and the nationally syndicated *Melinda's Garden Moment* radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and her website is [www.MelindaMyers.com](http://www.MelindaMyers.com).



**The Boston Legacy broke an NWSL record for the largest inaugural match crowd of 30,207 fans at Gillette Stadium this past weekend.**

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LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court Probate and Family Court Middlesex Probate and Family Court 10-U Commerce Way Woburn, MA 01801 (781) 865-4000 Docket No. MI26C0037CA In the matter of: RACHEL ANN BUTZE CITATION ON PETITION TO CHANGE NAME A Petition to Change Name of Adult has been filed by Rachel Ann Butze of North Chelmsford, MA requesting that the court enter a Decree changing their name to: Lily Ann Butze. IMPORTANT NOTICE Any person may appear for purposes of objecting to the petition by filing an appearance at: Middlesex Probate and Family Court before 10:00 a.m. on the return day of April 02, 2026. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding. Witness, HON. TERRI L. KLUG CAFAZZO, First Justice of this Court. Date: March 05, 2026 Tara E. DeCristofaro, Register of Probate Run Date: 03/20/2026

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court Probate and Family Court Middlesex Probate and Family Court - North Lowell Justice Center 370 Jackson Street, 5th Floor Lowell, MA 01852 (978) 656-7700 Docket No. MI25C1090CA In the matter of: ANIBAL JOEL BURGOS-VARGAS CITATION ON PETITION TO CHANGE NAME A Petition to Change Name of Adult has been filed by Anibal Joel Burgos-Vargas of Ayer, MA requesting that the court enter a Decree changing their name to: Aurora Jannette Burgos-Vargas. IMPORTANT NOTICE Any person may appear for purposes of objecting to the petition by filing an appearance at: Middlesex Probate and Family Court before 10:00 a.m. on the return day of April 03, 2026. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding. Witness, HON. TERRI L. KLUG CAFAZZO, First Justice of this Court. Date: February 06, 2026 Tara E. DeCristofaro, Register of Probate Run Date: 03/20/2026

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NOTICE OF PUBLIC SALE Todisco Services, Inc., with its corporate office located at 147A Summit Street, Peabody, MA 01960, under the provisions of Mass G.L.c.255, Section 39A, will sell the following vehicles on or after April 13, 2026 by public or private sale to satisfy a lien for towing, storage, and all other fees due. 2018 HONDA ACCORD Vin #1HGCV1F15JA118949 2008 FORD E450 Vin #1FDXE45S88DB15379 2013 HYUNDAI ACCENT Vin #KMHCT5AE2DU128844 2013 KIA SPORTAGE Vin #KNDPB3A23D7422349 2008 HONDA CIVIC Vin #2HGFG11848H544056 2003 FORD F350 Vin #1FDWW37S83EB30371 2008 BMW 328xi Vin #WBAWC33568PD09663 2015 AUDI A4 Vin #WAUKFAL2FN017101 2024 JIAJUE JJ50QT-3 Vin #LLPVGBAA1R1030112 2022 NISSAN VERSA Vin #3N1CN8EV5NL820265 2012 NISSAN XTERRA Vin #5N1ANONW7CC516924 Vehicles may be seen by appointment only. Please email for specific information info@todiscotowing.com Run dates: 03/20, 03/27, 04/03/2026

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court Probate and Family Court Middlesex Division Middlesex Probate and Family Court 10-U Commerce Way Woburn, MA 01801 (781) 865-4000 Docket No. MI26P0712EA Estate of MARK DAVIES MARDER Also Known As: MARK D. MARDER Date of Death: May 23, 2025 INFORMAL PROBATE PUBLICATION NOTICE To all persons interested in the above captioned estate, by Petition of Petitioner Mary C. Marder of Weston, MA, a Will has been admitted to informal probate. Mary C. Marder of Weston, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. Run date: 03/20/2026

LEGAL NOTICE

NOTICE OF SALE Notice is hereby given by Stephens Automotive Transport, 60 Union Street, Medford, MA 02155, pursuant to the provisions of G.L.c.255 39A, that on March 21, 2026 at 10AM, at said address, the following motor vehicle(s) will be sold, in as is condition, no keys, at public sale to satisfy our garage keeper's lien thereon for towing, storage, and expenses of notice and sale: 2012 FORD FUSION, GRAY 3FAHP0JA7CR241201 2011 GMC SIERRA, WHITE 3GTP2VE30BG157308 2016 JEEP CHEROKEE, BLACK 1C4PJMCB6GW123132 2007 HONDA CIVIC, RED 2HGFA16527H513855 2010 FORD FUSION, BLUE 3FAHP0JA6AR299944 2008 HONDA CIVIC, BLACK 2HGFG12698H533793 2012 MERCEDES-BENZ E-CLASS, WHITE WDDHF8JB8CA605212 2009 FORD FOCUS, BLUE 1FAHP34N09W135937 2015 TOYOTA COROLLA, RED 5YFBURHE3FP315956 2011 HONDA CIVIC, BLUE 2HGFA1F30BH505504 2003 LINCOLN TOWN CAR, BEIGE 1LNHM81W73Y672826 2021 YAMAHA DIRT BIKE, BLUE JYACJ26C4MA007391 2025 ZHILONG ST, BLACK H22TBCNF0S1016008 2025 ZHILONG ST, BLACK H22TBCNF5S1014741 2024 ZHILONG ST, RED H22TBCNF8R1009432 Run dates: 03/06, 03/13, 03/20/2026

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EXTRA Innings

by Sal Giarratani

Remembering More About Maz

Recently, as I already wrote about, Bill Mazerowski was the hero of the 1960 World Series for the Pirates over the Yankees when he hit a walk-off homerun in the bottom of the ninth in Game 7 that year. He passed away not long ago at age 89 and finally got into Cooperstown by the Veterans Committee. Maz played for 17 seasons and he only used one baseball glove his entire career. His wife kept restitching it over and over again. It was, you could say his lucky glove fitting him like a glove too.

I bring that up because I did the same thing. I bought my first baseman's mitt at Raymonds in Downtown Boston in 1965 and used it until 2013.

You could say I got my money's worth out of it. What a great \$5.00 glove that was and it was made in America too.

Happy Birthday Time

Happy birthday to Kevin Youkilis who just turned 47. He played for the Red Sox from 2004-2012, three-time All-Star and was a .281 career hitter.

Mets Remembering Bobby Valentine this Year

The Mets have announced a Bobby Valentine Disguise Night on May 29, inspired by what the former manager donned to return to the dugout after being ejected from a game in 1999. The giveaway for the first 15,000 fans will be a glasses-moustache get up similar to what he wore in that game. Valentine recently said "I love it ... I'll be there."

Two More Players Get Banned the Beat Goes On

Johan Rojas from the Phillies, who hit .224 with one homer, 18 RBIs and 12 stolen bases last season has been suspended for 80 games this upcoming season following a positive test for the performance-enhancing substance Boldenone ... Braves outfielder Jurickson Profar faces a 162-game suspension for a possible second failed test for a performance-enhancing drug. A person familiar with the issue spoke on condition of anonymity because the process first reported by ESPN was ongoing. An All-Star in 2024, he was suspended for 80 games last March 31 following a positive test for a hormone that helps production of testosterone.

WBC Sad Ending

USA once again fell shy of a World Baseball Classic (WBC) Championship, appearing dented as they watched Venezuela storm the field in celebration of the country's first WBC title. The U.S. could only muster three hits and two runs in the final game of the series pretty much shut down by Venezuelan pitching.

After left-hander Eduardo Rodriguez (E-Rod) silenced USA bats for five and one-third innings, while the Venezuelan bullpen gave up only two hits for the remainder of the game, including a two-run game tying homer by Bryce Harper in the bottom of the eighth inning, Luis Arraez earned a walk from Garrett Whitlock to begin the ninth, and pinch runner Javier Sanoja stole second before scoring the go-ahead-run on Eugenio Suarez double.

After losing out to Japan in 2023, the American team had high hopes for a repeat of their 2017



championship. The 2026 American roster was made up of members from Major League Baseball's (MLB) three-hundred-million-dollar roster, yet they never quite displayed their full fire-power and capabilities at the plate.

With the next WBC three years away, all we can do for now is turn to the final leg of spring training and the start of what each player and fan hopes will be a long and prosperous season for their respective teams.

Italian Home for Children (Continued from Page 3)

supporting people in recovery, their families, and caregivers.

"Running and wellness can change lives," said Jim Keane, Executive Director of the Boston Bulldogs Running Club. "It's important to reach young people early — especially those who've faced adversity similar to what many in our recovery community have experienced — and show them that movement and wellness can be tools for managing stress, building confidence,

and connecting with others for their whole lives."

The Saucony grant will eliminate all barriers to participation, providing running shoes, athletic gear, transportation, nutritious snacks, educational materials, and experienced staff support. With a high staff-to-child ratio, each young person will receive individualized encouragement as they discover that running isn't just about physical fitness — it's about

building resilience and realizing their own potential.

This marks the continuation of a successful partnership between IHC and BBRC that began in 2018, previously supported by Saucony in 2021. The program integrates evidence-based practices in addiction prevention and youth wellness, providing practical tools for managing anxiety and depression while fostering a supportive community.

2026 BOSTON RED SOX SCHEDULE. A detailed calendar-style schedule showing home and away games for the Boston Red Sox from March to September. The schedule includes dates, times, and opponent abbreviations (e.g., CIN, HOU, SD, STL, MIL, MIN, DET, NYG, BAL, TOR, WSH, LAA, CWS, NYM, LAD, ATH, PIT, AZ, SF, MIA, NYY, SEA, KC, TEX, TOR, SEA, COL, NYY, WSH, LAA, SEA, KC, TEX, TOR, CHC). A legend indicates Home (dark square) and Away (light square) games. A note at the bottom states '\*All Games Subject to Change'.

# Boxing Ringside



WITH BOBBY FRANKLIN

## Baseball Season is Upon Us Once Again

*Time to Ponder How Many of These Boxers Would Have Made Good Ballplayers and How These Sluggers at the Plate Would Have Done in the Ring*



**Sugar Ray Robinson with Willie Mays**



**Former Heavyweight Champion Jack Johnson with baseball great Honus Wagner and Light Heavyweight Contender Al Gainer**



**Light Heavyweight Champion Joey Maxim flanked by Stan Musial and Jack Dempsey**



**Gentleman Jim Corbett shakes hands with Lou Gehrig**



**Carmen Basilio does some playful sparring with Mickey Mantle**



**Joe Louis demonstrates his right hand on Babe Ruth**



**Light Heavyweight Champion Georges Carpentier lets Babe Ruth do the driving**



**Lightweight Champion Carlos Ortiz gives some pointers to Orlando Cepeda**

## HOOPS and HOCKEY in the HUB

by Richard Preiss



Watching Devin Booker of the Phoenix Suns in action once again at the TD Garden recently brought back memories of one of the most memorable performances in NBA history.

It took place on the parquet floor nine years ago (March 24, 2017) when Booker scored 70 points against the Celtics in a contest the historic franchise would probably wish people would forget about.

Even though Boston emerged victorious that night, courtesy of scoring rather impressively throughout the game, the result left some members of the Celtics administration less than enthused.

It went in the books as a 130-120 victory for the Celtics with one headline writer claiming the result enabled the C's to outlast the Suns.

But nothing could be further from the truth. Boston was in control for the vast majority of the game, courtesy of a 37-point performance in the second quarter, a 12-minute display that saw the majority of the tallies come on eight three-point shots. Those helped balloon the margin to as high as 26 points at one juncture.

So, it was another victory — the third in a row during that splendid spring of 2017 — a game when Isaiah Thomas led the Celtics with 37 points on the night on the way to another triumph. Except to the Celtics it was not.

Booker had been selected by Phoenix in the 2015 NBA Draft at age 18 after a "one and done" year at the University of Kentucky (led by former UMass Coach John Calipari at the time). Then in his second NBA season, he went on a personal scoring splurge in the second half to secure his name in the Celtics ledger of top scoring by individual opponents.

He only had 19 at the half and thus scored the vast majority of his points when the game appeared out of reach for Phoenix. Or was it?

Phoenix coach Earl Watson, who now serves as an assistant at the University of San Diego, knew that his team's chances of getting back into the game were slim.

His team was losing badly on the home court of an opponent who had a very good reason to pour it on. The Celtics had lost to Phoenix 106-109 on a buzzer-beater basket earlier in the month in Arizona. It was payback time here in the Hub before more than 18,000 of their frenzied fans.

But there was one player on the Phoenix roster who was displaying a hot hand that night — Devin Booker. So even though the odds were high that they would lose, the decision was made to go with their hot hand the rest of the way.

And here is where various interpretations differ. Was Wilson's decision to go with his hot player that night purely an attempt to see if the Suns could get back into the game? Or was it an attempt to embarrass the Celtics on their home court by an opponent?

There is evidence for both viewpoints.

First and foremost the Celtics achieved the result that all teams playing in a game desire: they won the game. Nothing is more important than that. But the final margin — a 10-point victory by the Celtics — undercuts the true one-sided nature of the night. Later that night and the next day the final score read like just another result of an average NBA game.

The Suns had deprived the Celtics of evidence of an overwhelming victory.

Thus, the real motive may have been Wilson's desperate move to get his team back into the game. In the second half the chances were very high that his team would lose. His only option: go with his team's hot hand that night and hope. It did not work but it managed to whittle down the final score to a respectable margin.

As the fourth quarter played out, some Celtics fans, realizing that victory had been safely attained, began to cheer for Booker as he continued to pile up the points (scoring 51 in the second half). There were allegations that the Suns were purposely feeding Booker, with evidence offered that Phoenix called two timeouts late in the game to slow things down and thus give Booker additional opportunities.

In short, an attempt to embarrass the Celtics on their home court.

Did it work? Let's just say that Booker's point production that night is not one of the more popular topics in the history of the Celtics.

It remains the highest individual point total by an opponent-eclipsing a 64-point performance by Oscar Robertson way back on November 8, 1959. President Dwight D. Eisenhower was in office at the time. And remember those 1959 Chevrolets. That specific style was made for only one model year. Go to the Internet for a look back at their distinctive design.

Oh, and by the way, time does have a way of evening things out. There is only one player on the current Boston roster who played in that 2017 game against Booker at the Garden.

He is Jaylen Brown and the 2016-2017 season was his rookie year after being selected third overall in the first round of the 2016 NBA Draft.

He was basically a reserve during his rookie year, starting in only 20 of the 78 games he played in. He scored nine points the night Booker had his 70.

But fast forward to the game with Phoenix at the Garden this season.

Brown had 41 points to lead all scorers in a 120-112 victory over the Suns — with 18 of his points coming in the crucial fourth quarter. Boston trailed 111-108 late in the game, with the C's scoring 12 of the game's last 13 points to claim victory.

And Booker? He certainly did not take the night off, scoring 40 tallies of his own to lead Phoenix in the scoring column.

He and Jaylen Brown share a commonality. Each has played for only one NBA team. Booker is in his 11th season with Phoenix. Brown is in his 10th season with the Celtics.